

March 2019



ST. EDWARD'S EPISCOPAL CHURCH

# Scepter

## A Note About Fasting and Spiritual Disciplines for Ash Wednesday and Lent



**By Reverend David Bate-man**

People often wonder about personal spiritual disciplines during the season of

Lent. Such disciplines are an ancient practice among Christians and are much honored by modern Episcopalians.

Lent is a time of penitence and preparation. Its traditional ingredients are acts of prayer & study, fasting, and self-denial.

Fasting is a spiritual discipline that can bring great rewards because hunger acts as a constant reminder of the purpose of the fast. Fasts can be kept in different ways and with varying degrees of strictness. If you are a determined, healthy adult, you may wish to go the entire day without taking anything but water or liquids. Or you may simply choose to go as long as you can without feeling unwell. Those with health problems or those not physically 100% may choose to skip a meal, to avoid meat, or to merely eat lightly. And some

people should not fast at all due to health reasons. The point is not to make it a matter of pride just how much you can give up, but rather to honor the occasion as best you can. Any sacrifice which serves to remind you of the day will be beneficial.

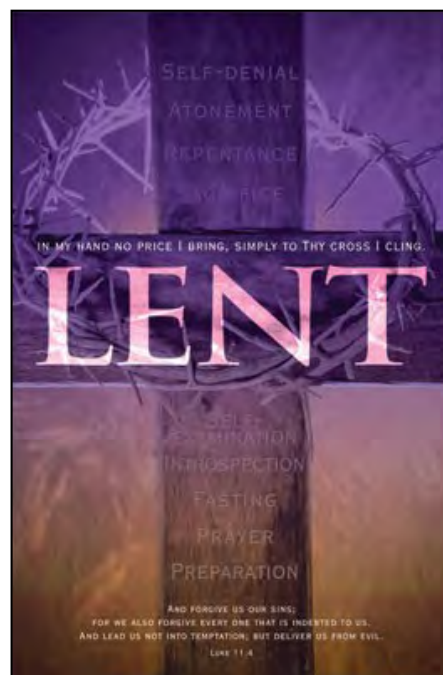
Self-denial usually works best if you pick some legitimate pleasure that you ordinarily partake of regularly, such as sweets, television, alcohol, or meat. Maintaining such a discipline can give you a sense of mastery

and spiritual

growth. You can enhance this by giving away the money you would have otherwise spent.

These practices sharpen our spiritual attention and remind us of the plight of those who must do without on a regular basis. When Easter comes, we return to what we have given up with a feeling of joy and celebration for all God's gifts.

David+



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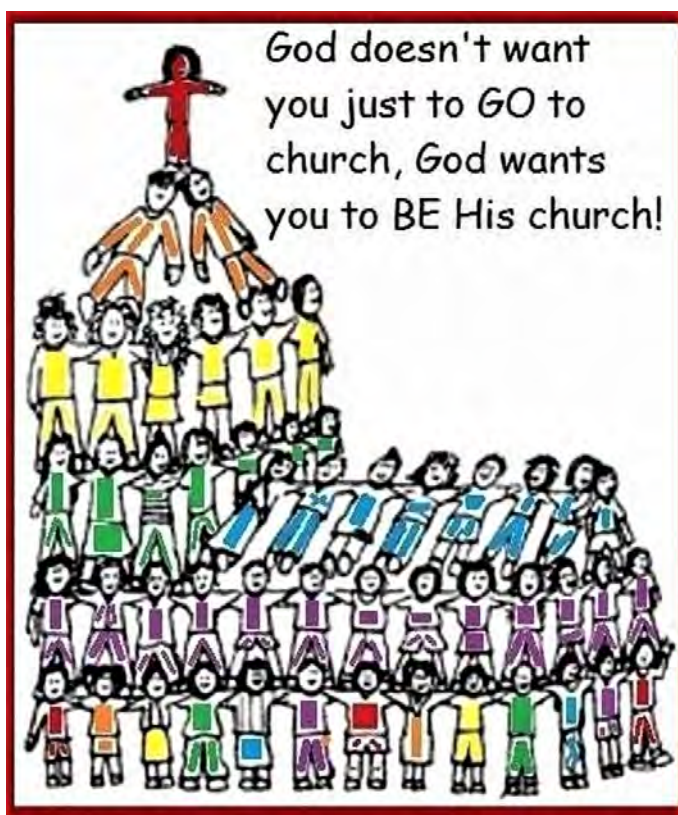
### Special points of interest:

- • *Worship services and Parish hours are on the back cover of the Scepter*
- • *Staff and Vestry Members are listed on the back cover of the Scepter*

## Ash Wednesday Noon Service



Fr. Bateman administered ashes.



## Information

### Parish Office Hours

Monday- Friday:  
10AM – 4:30PM

Parish Administrative Assistant:  
Michelle Bentley

### Scepter

Production Staff:

H. J. "Mac" Miller

[hj\\_miller@outlook.com](mailto:hj_miller@outlook.com)

**If you're the last person to leave the building following Sunday services or an event, please take the time to make sure all the lights are turned off (including the rest rooms) and the doors are locked.**



## By Meredith Aul Westgate Senior Warden

VESTRY



Dear friends,

At our February vestry meeting we said a fond farewell to Senior Warden Brian Newsome, who went above and beyond the call of duty, by saying “yes,” to serving as our very capable senior warden for a second consecutive year. Having Brian at the helm offered much needed support and stability during Stephen’s leave-taking

Soldiering on are fellow vestry members Mike Freshwater, Dina Ishler, Mark Jakiel, Herb Johnston, Susan Landin, and Bill Swiernik. We are delighted to welcome new members Julie Hoff and Ellen Milligan.

While we all experienced a deep sense of loss at Stephen and Rayelenn’s departure, we seem to be finding our way again now with Rev. David Bateman’s

leadership. If I were asked to identify one thing that has helped get us through this ongoing transition, I would have to say it is the strength of our community. This sense of family is always apparent at the annual Krist Kindling dinner, where young and old come together on a cold January night to share a meal, stories, and a lot of laughter. Following this year’s dinner, someone observed that it is sad that we don’t have more opportunities to come together socially to ‘break bread’ and enjoy each other’s company. “And let us consider how to stir up one another to love and good works, not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near.” Hebrews 10:24-25.

Recognizing the importance of community, especially during this year as we search for a new rector, everyone is invited to gather in the multi-purpose room once a month to eat and talk. At least for now, we have no other agenda or program. Please join us on Wednesday, March 20 at 6 p.m. Bring your own table service and a hot dish and a cold dish to share. We’ll see how it goes! We may want to consider adding games or other activities and/or alternative evenings and will be seeking input from those who attend and those who are interested, but unable to attend at that time.

Speaking of community, a church does

not function without the financial support of parishioners. It is challenging for our finance committee to prepare a budget without knowing what income can be counted on. As shown in the most recent finance report, we have lost some substantial pledges (totaling \$25-\$30,000) due to moves, deaths, and retirement. As of February 26, we had received 58 pledges totaling \$164,410 with an average pledge of \$2,849. Right now, our projected deficit for the year is approximately \$30,000. Did you know that the cost of utilities alone to keep our building warm and lit last year was \$10,500?! The majority of your vestry has demonstrated a commitment to St. Edward’s through pledging. If you have pledged, thank you so very much. If you have not, please prayerfully consider doing so. As Stewardship Chairperson Susan Landin said to vestry at our February meeting, a pledge is not about the amount you give, it is about commitment to the good work of the parish. Forms are available in the parish office.

At our March 10 meeting, vestry will be electing a junior warden, also known as “the People’s Warden.” Should you have any concerns or items of business that need to be addressed, please speak to Reverend Bateman or any vestry member so they can be added to our April agenda



## Military News

Please keep in your prayers those close to us who are serving in the military.

- ★Dustin Burleson
- ★Justin Carnahan
- ★Brandon Fox
- ★Gordon Frankenfield
- ★Matt Fuhrman
- ★Adam and Christina Grim
- ★Jack Hawk
- ★Benjamin Jenkins
- ★Drew Johnson
- ★Anthony Koser
- ★Alex Kube
- ★John Lewis

- ★Richard Mutari
- ★David Peck
- ★Capt. Andrew Pfeiffer
- ★Rev. David J. Sparks
- ★Mike Spurr
- ★David Sternberg
- ★Clayton Tennes
- ★Allison Tomich
- ★Evan Westgate
- ★Seamas Whitesel
- ★1<sup>st</sup> Lt. Thomas Whitesel



## The Search Process is Underway!

By Dottie Gschwend



The search/discernment committee is a collaborative group. We have enjoyed our work together and feel we are making good progress. As you know, our first priority is creating a survey tool that will provide us with solid information about who we are as a congregation, what our impressions are of the church that we are, and some insights as to what we might like to become in the company of a priest that we believe will help us move into the future.

It is our hope and expectation that you – each and every one of you - will have the opportunity to see and respond to this survey this month of March. We will make it accessible online and in paper format; we will be available to answer questions and offer assistance as may be needed. We do ask that you complete it in a timely manner so that we can analyze the results and begin our efforts to have conversations in a variety of ways so that we can explore more fully the results together.

This is an important time in the life of this parish, a time to reflect and to articulate our hopes and prayers for our future life together. We look forward to sharing with you these next steps in the process.

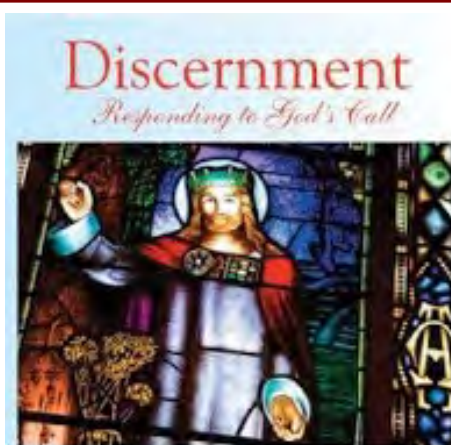
*Dottie Gschwend, writing for the Discernment Committee: Matthew Sternberg, Beth Lynch, Bill Swiernik, Seth Hake and Peter Weber*

## Community Fellowship Dinner

Please join us on **Wednesday, March 20 at 6 p.m.** for our first monthly Community Dinner and Conversation. Bring your own table service and a hot dish and a cold dish to share. Everyone welcome! If you have any questions, please contact Amy Swiernik at 717-682-1827 or Meredith Westgate at 717-575-2119.



## St. Edward's Search Committee Prayer



***Dear God, through Jesus Christ you brought the Holy Spirit to the glorious Apostles. We, descendants in Faith, inherit the work that they started in Jerusalem. We also build upon what St Edward the Confessor achieved these thousand years ago.***

***Now in the New World, in our parish named after St Edward, infuse us with your Holy Spirit. Lead us as we discern the way as a search committee gathered in your name, on behalf of our faith community. Make us faithful and effective stewards of this opportunity to grow the Church.***

***In great gladness we pray.***

***Amen.***

## Coffee Hour



Thank you to the following parishioners for volunteering to host our February coffee hours:

Jerry and Julie Hoff  
Roger and Ginny Kloepping  
Tony and Sue Bianco  
Gloria Kacinko  
The Westgate Family  
Mary Snyder  
Liz Yeager  
Vestry members

All who so generously donated food and helped with our Annual Meeting!





## Diocesan Leadership Transitions



Amy Swiernik will be joining the diocesan staff as Events Coordinator and Assistant to the Office of Congregational Life and Mission on a temporary basis through next August when we hope to engage another Service Corps member for this position. Amy is known throughout the diocese as a lay leader; she is a long-time member of the ECW board, serves on the Standing Committee, and has served as a liaison to the Commission on Ministry for the Standing Committee. She is a member of St. Edward's, Lancaster. We are grateful to Amy for her assistance at this time and welcome her to the staff! Amy will be working on projects to include the Bishop's Open, The Appalachian Camino, Staff Days In-Residence, Retreats and other diocesan events.

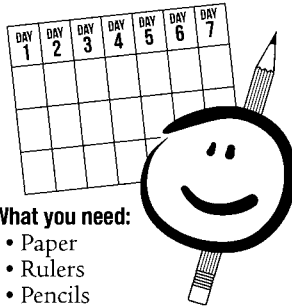
"It's better to bite your tongue than to eat your words."

—Frank Sonnenberg

## Kid's Corner

### DAYS OF CREATION

Play this game to remember when God made each of his masterpieces.



#### What you need:

- Paper
- Rulers
- Pencils
- Markers or crayons
- Dice
- Bibles (open to Genesis 1:1–2:3 for reference)

#### What you do:

1. To make game boards, draw a grid with four rows and seven columns, totaling 28 squares.
2. Across the top row, write DAY 1 in the first square and continue through DAY 7.
3. Take turns rolling one die, or all players can roll at once. For the number rolled, draw something God created on that day (in the correct column).
4. When you fill an entire row, draw a smiley face in the DAY 7 square. The first player with two smileys wins.



### Decode The days

At this time of year, God's creation "springs" to life.

*Directions: After reading Genesis 1:1–2:3, write the correct Creation day number under each picture. Then add up each day's total and write it on the correct blank below.*



Day 1 (light) \_\_\_\_ Day 2 (waters) \_\_\_\_ Day 3 (land and plants) \_\_\_\_ Day 4 (heavenly bodies) \_\_\_\_  
Day 5 (birds and water animals) \_\_\_\_ Day 6 (land animals and people) \_\_\_\_ Day 7 (God rested) \_\_\_\_

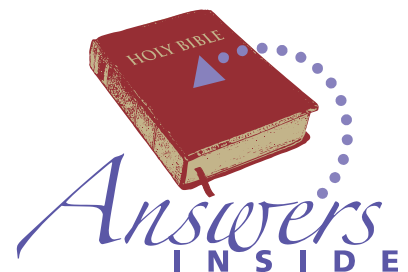
Answers: Day 1 = 3, Day 2 = 3, Day 3 = 10, Day 4 = 6, Day 5 = 10, Day 6 = 15, Day 7 = 2



## Bible Quiz

In John 9, Jesus' disciples ask whether a certain man or his parents sinned, causing his disability. Jesus says, "Neither. ... [It was] so that God's works might be revealed in him." What was this man's disability?

- A. Deafness
- B. Lameness
- C. Blindness
- D. Epilepsy



Answer: C (See John 9:1-7.)

# St. Edward's Incorporates Praise Band's Music Into the Liturgy

By **EARLE CORNELIUS** | Staff Writer Feb 9, 2019 Pictures By **Chris Knight**, Staff Photographer LNP



**Praise band rehearsal. Wed. Feb. 8th.**

Traditional hymns have long been a mainstay of the Episcopal Church. But on the second Sunday of the month, the liturgical music at the 9:10 a.m. service St. Edward's Episcopal Church might turn "Rock of Ages" into rock 'n' roll. That's when St. Edward's 12-member praise band takes the stage.

The band has been around for roughly a quarter of a century and over time has featured performers on trumpets, cellos, guitars and even a viola.

"It sort of grew out of our youth group," Randy Westgate, the band's spokesman, said. "I started learning how to play the guitar when my wife and I were doing the youth group here and found out there was a lot of good, contemporary Christian music out there."

When the youth group would go on retreats, the adult leaders would enlist everyone to sing or play an instrument.

The praise band began with three guitarists playing at 4 p.m. on occasional Sundays.

"It was not an ideal time," Westgate acknowledged.

Eventually the group's music was incorporated into the regular church service.

"Our praise band service is a liturgical service," Westgate said, "very similar to the service you would find in the Episcopal Church."

The group looks for music that fits with the liturgy and the Gospel lesson of the day.

Since the days of that guitar trio, they have added members. Mike Freshwater played guitar with a rock band in the 1960s, but he hadn't picked up a guitar in years until Westgate approached him about playing in the band.

## Good timing

Pianist Patrick Ishler is St. Edward's music director and a music teacher at Dover Area School District in York County. He and his wife, Dina, also a music educator, were looking for a church

who also serves as the group's archivist.

While much of what they play is contemporary Christian music — "We do a really neat communion song ('Remembrance') by Matt Redman," Westgate said — they also add their own spin to hymns.

"We did a Jimmy Buffet arrangement of an Epiphany hymn," he said.

"The Episcopal Church relies strongly on our hymnal because of our long heritage of music," Dina Ishler said. "What has worked really well in this service is to take music that is more traditional ... and put our feel on it."

But it's not always jazzed up.

At last year's Christmas Eve service, they performed what Westgate described as "contemplative" music.

"Randy does a lot of arranging and will score out music for the flute or violin," Freshwater said.

## Occasional blended services

The church also has occasional blended services in which the praise band and the choir perform.

Ellen Milligan said one of the most enjoyable parts of the praise band service occurs during the recessional.

"When we get to the last song, we pass out instruments — maracas — and anyone who wants to can play along," she said.

"They can make a joyful noise," Morrow said.

when they stopped at St. Edward's.

He described their initial visit as "Divine intervention."

The church, he said, was "looking for a choir director at the time and everything just fell into place," he said.



**Randy Westgate**

"The Holy Spirit is always involved," Dina added.

The Ishlers' son, Thomas, plays guitar in praise band and is a member of the Warwick High School Jazz Band.

Percussionist Harold Morrow has played in a number bands over the years and also is a member of the Bainbridge Band. Other instrumentalists are Maeve Milligan, who has been playing flute since second grade, and violinist and marimba player Rosie Westgate.

Vocalists include Dina Ishler, Ellen Milligan, Beth and Seth Hake, and Amy Swiernik,



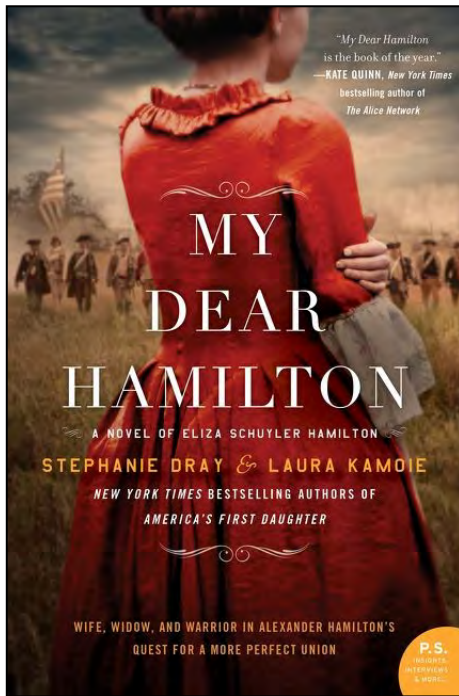
**Dina and Patrick Ishler rehearse solo**



# Book Review: My Dear Hamilton

By Mary Ann Franck

By now everyone has heard about or seen the musical *Hamilton* based on the story of one of our nation's Founding Fathers and our country's first Secretary of Treasury Alexander Hamilton. *My Dear Hamilton*, a historical novel by Stephanie Dray and Laura Kamoie, tells the story of his amazing wife, Elizabeth (Eliza) Schuyler Hamilton.



Eliza grew up in upstate New York which was basically a frontier in the mid 1700's. Her father was a Revolutionary War General, and her mother, a Van Rensselaer, was from one of the wealthiest and politically active families in New York. Because of this she grew up entertaining famous statesmen at her father's home as well as attending In-

dian Conventions with him.

She met Alexander at George Washington's headquarters in 1780 and married him later that year. As his wife, she became an active participant in her husband's career, helping him with his writings and publications. This historical novel brings together all of the people involved in the American Revolution from George Washington, to Lafayette, James and Dolley Madison, Thomas Jefferson, James Monroe and of course Aaron Burr. Eliza knew and interacted with them all. She knew at least twelve of the first sixteen presidents and was present when Congressman Abraham Lincoln dedicated the Washington Monument.

After her husband's death she worked tirelessly to make certain her husband's legacy was secure. Hamilton was a prolific writer composing many treatises as well as working with Madison on The Federalist Papers and collaborating with him on Washington's Farewell Address. She began a decades-long campaign to ensure her husband received the recognition he deserved and his biographers did him justice.

Later in life she immersed herself in charitable work to help orphans and the homeless. She helped found New York's first private orphanage and was known to bring homeless

children into her home.

Eliza was present at the birth of our nation and she, along with her husband, played a huge part in its formation. *My Dear Hamilton* tells a beautiful story of this remarkable woman who lived for nearly a century and was a passionate patriot.

## UTO Ingathering

By Ellen Milligan

United Thanks Offering ingathering. This year a total of \$581.58 was collected for UTO.

I unfortunately don't know last year's total, but I think participation was up from last year.



[www.sainteds.org](http://www.sainteds.org)

## Social Outreach

By Beth Lynch

### Hempfield Food Pantry



During the month of February the parish collected 161 pounds of food for the Hempfield food pantry.

The pantry is in need of:

Canned corn

Canned beets

Canned spinach

Mac & cheese

Tomato soup

Chicken noodle soup

Beef broth

### Soles 4 Souls



The collection of used shoes will continue until Palm Sunday. We have collected and boxed 288 pairs of shoes. Thank you for all that have donated.

### Feed My Starving Children

By Peg Reiley

The annual event will take place at Willow Street Mennonite Church on Friday, March 29 - Sunday, March 31. A group from St. Edward's will volunteer on Saturday, March 30 from 11:30 am - 1:30 pm. A sign up sheet is in the narthex. Hope you can join us for the fun yearly event. See Peg Reiley with any questions.



*Your generous donation of toys to our Permanency Unit visiting rooms is greatly appreciated! Last year over 150 children from more than 100 families were served by our Permanency staff. Thank you for your willingness to make a difference in the lives of the children and families that our ministries touch.*

*Your Friends at COBYS*

This Thank You is for the Jesse Tree Gifts that were given to COBYS.



# Krist Kindling Dinner

Pictures By Meredith and Rosie Westgate



Mike Freshwater, Amy Swiernik, and Bill Swiernik enjoy the funny “reveal” stories shared by all.



Beth and Seth Hake tell a really funny delivery story about being locked out of their car, while Grandma was inside the car, oblivious to their frantic attempts to get her to unlock the car before they were discovered.



We had a great turnout to the annual Krist Kindling “reveal dinner”



# Annual Meeting

Pictures by Mary Snyder



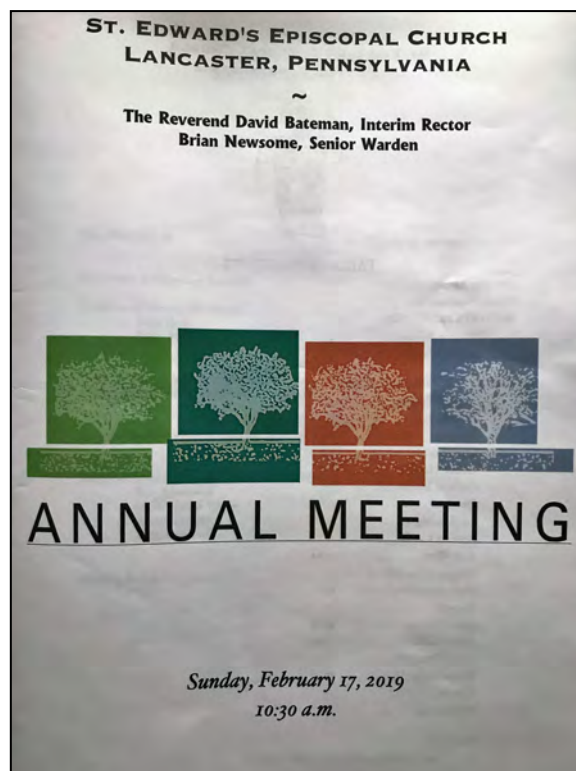
The Reverend David Bateman, led us in Opening and Closing Prayer as well as delivered wonderful remarks regarding transition for St. Edward's.



Brian Newsome gave the Senior Warden Report



Larry Hess washing up. Many thanks to all who donated the wonderful food and volunteered to help with cooking, set up, and clean up.



The Annual Report is available online at: [https://sainteds.org/wp-content/uploads/2019/02/AnnualReport\\_2018.pdf](https://sainteds.org/wp-content/uploads/2019/02/AnnualReport_2018.pdf)



# Annual Meeting

Pictures by Mary Snyder



Matthew Sternberg and Kevin Milligan give the financial report to the parish.



Matthew Sternberg and Dottie Gschwend, Co-chairs of the Search Committee, gave us an update on the search process.



We chose our new vestry members and Diocesan Convention delegates.

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[www.sainteds.org](http://www.sainteds.org)

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[www.sainteds.org](http://www.sainteds.org)

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## Staff

**The Reverend David  
Bateman, Interim Rector**

**Michelle Bentley, Parish  
Administrative Assistant**

**Patrick Ishler, Choir Direc-  
tor**

**Karen E. Waddill, Organist**

**Elizabeth Yeager, Nursery**

### Parish Office Hours

Monday-Friday:  
10 AM – 4:30PM

-

### Vestry (year term ends)

- ✦ **Michael Freshwater  
(2021)**
- ✦ **Julie Hoff (2022)**
- ✦ **Dina Ishler (2020)**
- ✦ **Mark Jakiel (2021)**
- ✦ **Herb Johnston(2021)**
- ✦ **Susan Landin (2020)  
Secretary**
- ✦ **Ellen Milligan (2022)**
- ✦ **Bill Swiernik (2020)**
- ✦ **Meredith Westgate  
(2020) Sr. Warden**

## Worship Services

### Sunday Services

8:00 a.m. Holy Eucharist Rite I (said)

10:15 a.m. Holy Eucharist Rite II

Contemporary Service (2nd Sunday, Sept – May).

### Wednesday

12:00 Noon – Holy Eucharist with healing

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