

TRINITY SUNDAY



MATTHEW 28:16–20

THE STORY

The eleven disciples went to Galilee, to the mountain to which Jesus had directed them. When they saw him, they worshiped him; but some doubted. And Jesus came and said to them, "All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age."

REFLECTION FOR YOUNGER CHILDREN

- I wonder what the word disciple means? (invite your children to wonder, and if they need prompts, you can tell them it means follower or believer)
- Jesus tells us to go make disciples. I wonder how we could help people follow Jesus?
- How have you seen others follow Jesus?
- I wonder what are the ways that we follow Jesus?

REFLECTION FOR OLDER YOUTH

- The text says, "When they saw him, they worshiped him; but some doubted." I wonder what we would do if we were in the disciples' shoes – worship him, doubt, or a little of both?
- Jesus gives them and us authority over heaven and earth to spread the Good News. I wonder what that means?
- I wonder what that mean for us today?

ACTIVITIES

Young Children

Play 3-2-1: Act out "ready-set-go" using different body positions; perform workout exercises while repeating each 3 times; have a treasure hunt to find three of the same items

Older Youth

Make a Trinity Pyramid (see attached instructions; take a walk outside and identify natural items or other objects that appear in threes.

**TODAY WE HAVE DISCOVERED THAT GOD
IS THREE AND ALSO ONE.**