

Forgiveness Bracelets

Making these bracelets that will help us to remember to forgive one another when we need to and to always love one another. The red thread is the color of love. The beads are to help us to not only forgive someone once or twice, but to forgive and love them always. You can use red embroidery thread or red yarn for this activity.

Possible colors for the beads:

- **Green** is known to be a color associated with forgiveness because it symbolizes growth and new life.
- **Blue** is also associated with forgiveness because it symbolizes water, baptism and new life.

Make a pattern with the beads and think ahead about what you want to create with the materials .

Knot Bracelets

- Put three pieces of thread together and knot it at one end.
- Tie a few more knots on the end and then separate the three threads.
- Put a bead on the middle thread and then gather them back together and tie another knot so the bead now has one thread going through it, and one on either side.
- Keep this pattern up and vary the pattern by adding braiding, etc. until the bracelet is long enough.

Braided Bracelets

- Take three pieces of thread.
- Tie them at one end.
- Begin braiding the bracelet until it is long enough to fit on your arm but do not tie it off.
- Add bead to the bracelet and then tie off the end so the beads stay on.