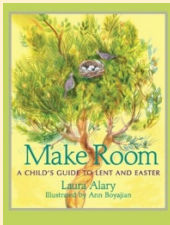


## First Sunday in Lent:



1. Make a Cross from Twigs
  - Gather small twigs
  - Separate into four separate bundles
  - Tie each twig bundle at the ends with thread or string
  - Criss-cross the bundles to form a cross
  - Use a wide organza ribbon or string to wrap the corners.
  
2. Listen to the recorded introduction to the book, Make Room: A Child's Guide to Lent and Easter



3. Write in your prayer journal, today, and every day throughout Lent. Write your own prayer or try one or all of the following:
  - Record a favorite prayer.
  - Locate a new prayer in the Book of Common Prayer (BCP) and record it in your journal.
  - Choose a prompt from the attached list of prayer ideas for youth.
  
4. Create a temptation plate (directions attached)