

September 2023



ST. EDWARD'S EPISCOPAL CHURCH

Scepter



Reflection From the Rector's Desk

By The Rev. Dr. Richard C. Bauer



“Whatever pain we can’t get rid of...let us make it our creative offering.

Looking back at our summer edition of the Scepter, I ended my reflection to our community with a sense of heartfelt intention, writing: “May we each have a chance to bind again things that have felt broken here this summer.” And in the earnest attempt to live into this prayerful aspiration, I’ve lent myself over to a great deal of inner work through the embrace of new learning and experience in the two months since I last wrote to our parish. Because, like the piercing light of daybreak on a clear morning, it had dawned on me that I had much to work on putting back together in my own head and heart, feeling as if I was beckoned to faithfully engage my own deepest levels of discomfort and

brokenness this summer, to grow as a person in ways that were going to matter to the people I love...to the people that I’m called to serve.

For a bit of context: outside of my role as pastor, priest, and administrator here at St. Edward’s, I entered the summer recognizing that I was an absolute beginner at being a single father. Though our relationships are incredibly strong, I had always been able to play the role of “fun dad” with Ricky and Christian, without tending to many of the pragmatic details essential to parenthood when we all lived, full-time, under a single roof. But I also faced the disconcerting awareness that I had neither fully processed my own

grief around divorce nor acknowledged the added heartbreak of coming to terms with the reality that no one else was going to be able to step in to fill the void of the loneliness and anxiety that comes with starting over in mid-life. Facing diminished energy and resources for the road ahead, my quest to “bind again things that have felt broken” felt like a matter of supreme importance for me entering the summer.

And so, I started my quest in a familiar sphere, the world of words and of ideas. I read nine books over two months on topics ranging from “conscious uncoupling” to a compendium on the essentials works of classical Greek Philosophy. I sat with popular voices like Susan Cain, whose work on the melancholic personality seeks to uncover beauty and truth in the stuff of the bittersweet and the poignant; and I consulted cross-cultural spiritual teaching, like that of Krishnamurti who invites us to take personal responsibility for our own growth and development through hard work in the cultivation of moral virtue. Much of what I read converged, as overlapping strands of wisdom articulated similar concepts in different language to me. Chief among these recurring in-

(Continued on page 2)

Inside this issue:

| | |
|-----------------------------|-------|
| Bible Study | 6 |
| Stepping Stones | 8 |
| Start Up News for September | 11 |
| Lunch and Learn | 12 |
| Rahims | 17-18 |
| Dina’s Ordination | 20-21 |
| What We Did This Summer | 22-24 |

Special points of interest:

- • *Worship services and Parish hours are on the back cover of the Scepter*
- • *Staff and Vestry Members are listed on the back cover of the Scepter*

Reflection

sights was a shared expression around the importance, for a growing and evolving human being, to accept and integrate difficult emotions. I found it comforting to consider that each of us may have an ache that we can't get rid of in life and that expressing authentic courage may boil down to whether we choose to embrace our wounds and allow them to drive us toward our destinies. Comingling in the ancient work of Aristotle and the contemporary writing of Katherine Woodward Thomas, I was drawn to the invitation to, thus, consider how we can each develop skills that adapt to blows and core wounds that nearly destroy us. And a layer beneath this, was the helpfully repeated invitation throughout my reading: to work ceaselessly on maintaining an awareness of impermanence.

Accepting impermanence isn't any easier for me to do than it is for any of us. And though I've studied and taught the tenets of Buddhism and Christianity for twenty years in both university and in the church, I still struggle in moments of acute hurt or radical change to let go of my attachment to the way that things are, to accept the reality: that endings give way to beginnings, just as beginnings give way to endings. I'm only forty-seven years old, and I wish that my parents were alive. My sons are only nine and eleven, and I wish that their mom and I were still together. My body, mind, and spirit are still intact, and I wish that there was a woman in my life to share it all with. To these yearnings and laments, I find tremendous promise in an uplifting insight from an unexpected source. Existentialist Franz Kafka wrote: "Everything you love, you will eventually lose. But in the end, love will return in a different form." This feels like a creedal statement of my Christian hope, in words that I can receive without wincing. Because this speaks to me of the Cross giving

way to the Resurrection, of how a Jesus who no longer walks physically among us takes on new life as a spiritual presence: witnessing to energy that cannot be created or destroyed, but that merely changes form. Yes, LOVE was handed over to suffering death...but it HAS returned to us in a different form.

To this intellectual meandering, my summer's practical application of it took the form of learning how to cook new meals, of getting my sons comfortable with shampooing their hair in the shower. It manifested in a spectacular trip to Disney World: where the boys learned that they could survive a week without their mom, where Christian conquered his fear and discovered his love for roller coasters, where Ricky experienced a fullness of his ability to thrive in a manner unbound by autism. It also took the form of considering that our "broken" family could become an "expanded" one, that Katrina and I could cultivate levels of cooperation and generosity, striving to do the right things for the right reasons. But it also necessarily entailed my willingness to be responsible for myself in the silence of days spent alone in an apartment, to sit with feelings of loneliness, betrayal, and disappointment in a season of "romantic rehab".

I suppose that my takeaway, my finding in the summer's quest for a deep 'fix', is that there is not a fix to be found. Like the Israelites wandering in exile, I too, am only on my way. But I have managed to bind together something that had felt broken. Perhaps for the first time in my life, I'm in deep communion with the strongest, wisest, and most courageous part of myself. I'm willing to respect myself enough to invest in my own emotional and spiritual safety. I'm willing to grow my capacity to tolerate the disapproval of others in order

to stay true to myself. And I'm willing to keep loving, and giving, when it hurts. Perhaps there is no lasting experience of Transfiguration or transcendental Enlightenment that can take away our pain or provide us with definitive answers to our ultimate questions. Mountaintop moments, instead, give way to walks through the valley; just as encounters with perfect clarity fade into obscurity as new trials threaten our senses of peace and equanimity. But friends, isn't life beautiful!?

Whatever pain we can't get rid of...let us make it our creative offering. And even if we can't find the will to move on from what we've loved and lost...may we at least allow ourselves to move forward. In Christ,

Rick+

First Pet Door



This 14th century door at Exeter Cathedral, UK, is thought to be the oldest existing cat flap.

A cat was paid a penny each week, to keep

down the rats and mice in the north tower, and a cat flap was cut into the door below the astronomical clock to allow the cat to carry out its duties.

Records of payments were entered in the Cathedral archives from 1305 to 1467, the penny a week being enough to buy food to supplement a heavy diet of rodents.

Parish Office Hours

Parish Office Hours

Tuesday- Friday:
11:00 – 4:00PM

Parish Administrator
Michelle Bentley

Scepter

Production Staff
H. J. "Mac" Miller
Mary Snyder



If you're the last person to leave the building following Sunday services or an event, please take the time to make sure all the lights are turned off (including the rest rooms) the thermostat is reset and the doors are locked.

By Bob Mosebach



Your vestry met for its regular meeting Sunday, August 20 after taking a summer hiatus in July. Even though the vestry took some time off, St Edward's did not, as our outreach and inreach activities continued. We are blessed with parishioners who continue to come up with wonderful ideas to strengthen us as a community and present us as a lively and active parish to visitors and prospective parishioners.

Activity continues to make Swarr Run a useful contemplative space on our campus. A great deal of work was done earlier in the year to clear out brush, but as in a lively area, nature will grow new life, even without our permission, so efforts have been renewed, which presents an opportunity for anyone willing to help out. We also learned this summer how high the water level can get, even without a severe rain event. Part of our efforts to reclaim Swarr Run has been to provide stepping stones. These were designed and decorated by the different ministry groups of the parish symbolizing aspects of their contri-

bution to our parish life; as well as by individuals making their personal stepping stone. So far we have 15 cement 'stones' in completion, with about a half dozen in process. If you would like to make one, it's not too late, and Beth Lynch will be happy to guide you through the process.

Monitoring the financial condition of the parish is a vital task of the vestry, and we are pleased to report that thanks to our regular giving and some unexpected, but welcomed gifts, St Edward's, at mid-year maintains a balanced budget - we believe, for the first time ever. This is very good news, and should serve to encourage us to continue, as we anticipate the expected and unexpected expenses to keep our mission and campus in good working order. One of the gifts received will provide a bench to be located near our entrance - providing a place to sit for people waiting for their ride to pick them up. We are also seeing the need for a larger shed, to replace the one by the parking lot. The parking lot itself is approaching, or at the point already of needing resurfacing. Measures are being taken to prolong its life, but resurfacing is in our future. We expect our new front doors will be installed in October. Along with that, there is a project to paint the inner doors red.

As we look to the past weeks and months, we also look forward to the future as summer comes to a close and the program year is about to begin. Our basket raffle preparation is off to a good start. Keep an eye on the calendar for the resumption of the men's and women's spirituality groups; our Friday Lunch and Learn on Zoom, and the return of our Coffeehouse Band, to name a few. Choir will start up again in September; the invitation is there for new choristers to join in the music and fellowship.



Information and sign up sheets for a variety of ministries and activities make it simple to volunteer.



Day by Day booklets, prayer pockets, and consecrated wafers are available for your use.



Military News

Please keep in your prayers those close to us who are serving in the military.

- ★ Justin Carnahan
- ★ Brandon Fox
- ★ Gordon Frankenfield
- ★ Matt Fuhrman
- ★ Jack Hawk
- ★ Benjamin Jenkins
- ★ Drew Johnson
- ★ William Justice
- ★ Anthony Koser
- ★ Alex Kube
- ★ John Lewis

- ★ Richard Mutari
- ★ David Peck
- ★ Capt. Andrew Pfeiffer
- ★ Mike Spurr
- ★ David Sternberg
- ★ Clayton Tennies
- ★ Connor Tennies
- ★ Allison Tomich
- ★ Evan Westgate
- ★ Seamas Whitesel
- ★ 1st Lt. Thomas Whitesel



Remembering 9/11



Guess Who's Coming to Dinner: the Sequel



By Meredith Aul

The Guess Who's Coming to Dinner dinner last February was a great success with over 60 people attending. Quite a few folks have asked if we may do it again in the fall – so Yes! I hope everyone who came last time will participate again to mingle with a new mix of old friends and some new parishioners -- and those who weren't able to come last time will be able to join in this time.

On Saturday, November 4, 6 - 9 p.m., please join us at our second "Guess Who's Coming to Dinner" dinner. Groups of six to eight will gather at the home of a volunteer host to enjoy a meal and conversation. Hosts provide the table setting, a main dish and beverages; guests bring an

appetizer, salad, or dessert. The fun is in the mystery. Guests don't know who will attend the dinner until they arrive at their designated home at the appointed hour of 6 p.m. Hosts will be given a guest list in advance so that they can coordinate the meal.

If you would like to host an informal dinner in your home or if you would like to be a guest, please complete the form below and return it to the box in the Narthex (or call or text Meredith Aul at 717-575-2119) by Sunday, October 21.

What better way to enjoy a Saturday night out – a delicious dinner and great conversation with new and possibly some long-time acquaintances or friends? Singles and couples welcome!

Yes! I will participate in the Guess Who's Coming to Dinner Dinner on November 4th at 6 p.m.
Name(s) _____

I am/We are able to host 6 _____
8 _____ people.

I am/We are happy to either host or be a guest _____

I/we would like to attend as a guest _____

I'm a single, please seat me with _____

Your host will get back to you later in the week of October 22 to discuss details! Please call or text me at 717-575-2119 if you have any questions.

Tony Bianco Celebrates his 90th Birthday



Sue and Tony



Sue and Tony are in the middle of their four children who all came to celebrate Tony's birthday. The children from L to R Lisa, Susan, Michael and Elizabeth

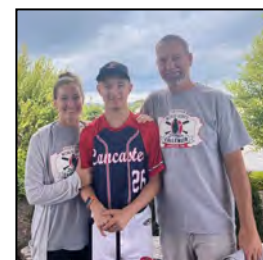
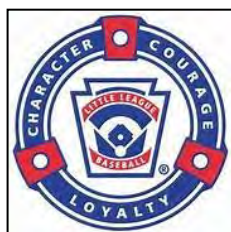
Kyle Goes to Williamsport

Challenger Little League of Lancaster County played an exhibition game last weekend at the Little League World Series in Williamsport. They faced the Challenger Team from Syracuse, New York.

Family and friends helped load up a charter bus before the team left for Williamsport on Friday, Aug. 25th.

The division started back in 1989 and serves as Little League's adaptive program

for those with physical and intellectual challenges. While they didn't win the game, it was the experience that mattered.



Kyle with his parents, Lindy and George Scheurich

Twin Togetherness



Grandsons



Randy Westgate and Aubrey's youngest son, Ian Aske



Dick Irons and Harrison

MISSIONARY-MINDED PRAYER

An important part of missions is prayerfully supporting the church. Use this activity to guide your family's prayer time.



What you need:

- Plastic bag (large zippered)
- Permanent marker
- Bandage
- Toy plane
- Heart-shaped drawing or toy
- Spoon
- Coin
- Hot-sauce packet



What you do:

1. Label the bag with details about the missionaries you'll be praying for (names, location, specific needs).
2. Add small prayer-prompt objects to guide your prayer time (bandage = health, plane = travel, heart = relationships, spoon = cultural connection, coin = finances, hot sauce = boldness).
3. Include other objects that will prompt prayer for missionaries' specific needs.
4. Place the bag where it will remind your family to pray regularly.

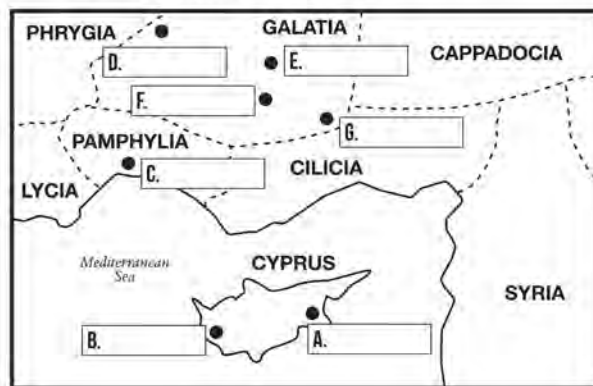
PUZZLE CITY SEARCH

God used Paul to spread the Gospel to many cities during his first missionary journey. Can you find them all?

Directions: From the fragments, guess each city and locate it on the map. Use the Bible references to help.



- | | |
|-------------------------|------------------------|
| A. SALAMIS (ACTS 13:5) | E. LYSTRA (ACTS 13:11) |
| B. PAPHOS (ACTS 13:6) | F. LYSIA (ACTS 14:6) |
| C. PERGA (ACTS 13:13) | G. DERBE (ACTS 14:6) |
| D. ANTIOCH (ACTS 13:14) | |



Answers: Salamis, Paphos, Perga, Antioch, Lysia, Lystra, Derbe



SEPTEMBER

Bible Quiz

Not long before Jesus' arrest, he said: "I did not come to _____ the world, but to _____ the world." Fill in the blanks.

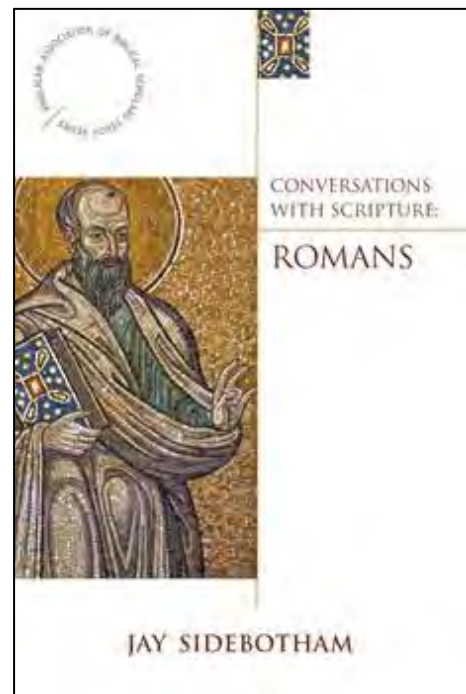
- judge; save
- hate; love
- condemn; teach
- disrupt; conform to



Answers
INSIDE

Answer: A (See John 12:47, NIV.)

Wednesday Evening Bible Study Series—"Romans"



Our St. Edward's Wednesday night Bible study offers an in-depth look, in this case at Romans. Our approach to Bible study has been to use the 'Conversations with Scripture' series as a guide through the topic. We travel at our own pace with the intention to delve into the scripture, recognizing its social-historical meaning for its initial hearers, as well as its modern-day readers. Please join us on our spiritual journey. Bob Mosebach



Jay Sidebotham

Jay Sidebotham, an Episcopal priest, serves as director of Renewal Works, a ministry of Forward Movement. Renewal-Works seeks to build cultures of discipleship in Episcopal congregations through a singular focus on spiritual growth. Jay has served in parish ministry in New York,

Chicago, North Carolina, DC, and Rhode Island. He also does a lot of church cartoons, because there is so much material.

This book guides readers into conversation with Paul's letter to the Romans. The author helps readers listen to what that letter said to the people to whom it was written and to hear what it says to us today. Readers will bring their own reflections, personal concerns, and questions to the table as we let this letter challenge us with meaning-letting it read the reader. The thesis of this book is that the letter has demonstrated transforming power to renew lives and the church through a focus on worship; a rigorous assessment of the human condition, especially the failure of

human religiosity; a claim of transforming power in the ongoing life of Christ; an expansive vision of who is included in God's life and love; a ll to practical application and proclamation of the gospel.

Wednesday Evening Bible Study:
6:30 PM to 8:00 PM: Zoom invite in your weekly emails. For questions, please contact Bob Mosebach at: rmosebach@comcast.net or Leslie Arnold at: larnold897@aol.com



Copyright © 2002 The Church Pension Fund. All Rights Reserved.

Cartoon by the Rev. Jay Sidebotham



Starting a Ripple Effect

Shortly before his death, 80-year-old farmer Hody Childress asked his daughter to continue a practice he'd quietly conducted for years: taking a \$100 bill to a local pharmacist on the first of every month. For years, Childress anonymously came to the aid of neighbors in Geraldine, Alabama, who couldn't afford medications. "Don't tell a soul where the money came from," he instructed store owner Brooke Walker. "If they ask, just tell them it's a blessing from the Lord."

Thanks to the farmer's generosity, Walker could fill prescriptions for about 24 uninsured or underinsured people each year. "I was honored he allowed me to do that," she said, "and it really encouraged me to do the same in my life."

Childress wasn't wealthy but "always gave what he could," said daughter Tania Nix. "I think he felt like he couldn't not give," she added. "Giving that way, that just got on his heart." After word spread about Childress' generosity, other people were inspired to perform stealth outreach and a fund was established in his name.

A man in Oklahoma who shares Childress' surname said a story about the farmer caught his attention. They're probably not related, he wrote, but he'd feel proud if they were. "A man like that surely tried to follow the example of Jesus," the Oklahoman wrote, and "[his] story inspires me to be a better man."

—adapted from *The Wired Word*

From Next Door:

I want to thank the woman at CVS on Columbia Ave and Good Road. Yesterday, she "Paid it Forward" by paying for my husband's medication when he did not have the correct credit card with him. I hope I can repay you someday and will "Pay It Forward" when I can.

I just wanted to give a HUGE THANK YOU to the woman from here who paid my electricity bill after it was shut off unexpectedly the other day. I will never be able to repay you so I just wanted to say thank you ♥ you know who you are

Tip your server. Return your shopping cart. Pick up a piece of trash. Hold the door for the person behind you. Let someone into your lane. Small acts can have a ripple effect. That's how we change the world.

"Great opportunities to help others seldom come, but small ones surround us every day."

—Sally Koch



From Ann Grubb

7/23/2023
Hi Michelle,
Hope you had a great vacation. Always think of your son and his baseball career. Two in our family playing college baseball - one starting Univ. of Rochester and another transfer from Ohio State to Denison, Ohio - Yankee fans.
I share the Scepter with Mary Louise Kline Kim Kline's Mother-in-law. Everything going well here. My duty to grant the usual residents a interesting background and various interests. So glad St. Edwards is blessed with many people helping many others in so many ways. Best wishes always.
Ann



Our **Widows Group** meets on the first Thursday of each month at 10 AM at the church. Next meeting Thursday, Sept. 7th. All widows are invited. Come to a place where sharing is caring.

For more information contact:
Peggy Hanzelman: 717.390.4944
phanzelman@comcast.net or:
Ethel Lawrence: 717.314.8993
ethell748@gmail.com

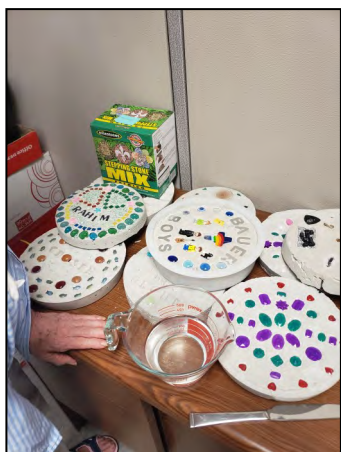
Dr. Tim's Limb



Mike Freshwater has trailer, will travel!
What a blessing!!

The Ministries Took the Stepping Stone Project Very Seriously

Picture by Mary Snyder



Some of the finished stones



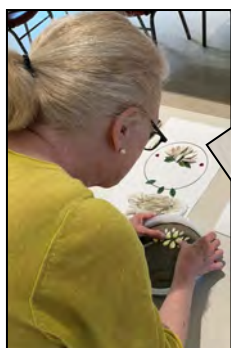
Fr. Rick works on the Bauer stone



The Rahim stone



Gloria Kacinko, Mac Miller and Gail Irons- Needle Arts



Mary Gibson



Beth Lynch helped with each stone, Ethel Lawrence, Beth, Mary Gibson, Peggy Hanzelman and Carol work on Widow's Group stone.



Karen Grant-Altar Guild



Irene Achey checks out finished stones



Sometimes the process was a bit gooey



Bob Mosebach, Randy Westgate and Jay Miller-Vestry



Tony and Sue Bianco are interested in the process which often took place during coffee hour

Open House Invitation

By Mary Snyder



We hope you can join us for a visit at our house on the one year anniversary of our signing for our new home, Oct 7, 2023. We will have light snacks for munching, some drinks, and yard games if the weather is nice. Drop by anytime between 11:00 and 5:00. It would be great to see you and have you share in celebrating one year of having our house! If you're not able to drop in at that time, please reach out and we'd love to set up a time to have you over! We are so grateful to be able to live here and want our home to be full of



Mary and Jodi soon after the sale was final last year.

friends, music, and fun. Please don't bring housewarming gifts but do consider donating to Habitat for Humanity in our honor instead.



1100 Grinnell Avenue
Columbia, PA 17512



Coffee Hour

Pictures by Mary Snyder

Join Us for
COFFEE HOURS



Fr. Bateman visits during coffee hour



Rotating hosts provide the goodies



Always a good time to share in parish fellowship

Needle Arts Ministry

The Needle Arts Ministry meets Tuesday at 1 PM in the lounge area.

Members of this group, plus volunteer crafters, work all year to create a variety of items for the cookie/craft sale. They also make items such as prayer shawls and baptism blankets, as well as hats and scarves to be donated to any in need.

All are invited to be a part of this enjoyable and productive group. Yarn, patterns and "expert assistance" are available, so you do not need to have a project started to join in the fun.

Remember, everyone's always welcome to pop up at a Needle Arts meeting on Tuesdays at 1 PM in the lounge. No reservations required-just bring your sense of humor with you.



Autumn Wall Hanging for the Narthex

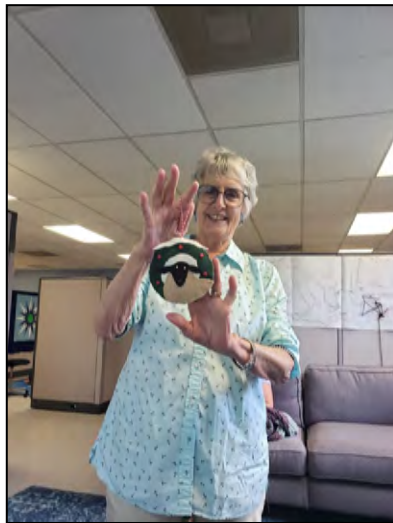


Barb O'Brien and Donna Holwager combined their considerable talents to create this autumn wall hanging.



Barb displays the finished project.

Items for the Cookie/Craft Sale



One of Donna's appliqued tree ornaments.



Ann Vail cross stitched this table runner and Donna quilted it.



Hair scrungies by Gloria Kacinko



Worry Worms by Mac Miller

Prayer for Changing of the Seasons

Contributed by Donna Holwager
The prayer will be displayed near the quilt.

O God of Creation, you have blessed us with the changing of the seasons.

As we welcome the autumn months, may the earlier setting of the sun remind us to take time to rest.

May the brilliant colors of the leaves remind us of the wonder of your creation.

May the steam of our breath in the cool air remind us that it is you who give us the breath of life.

May the harvest from the fields remind us of the abundance we have been given and bounty we are to share with others.

May the dying of summer's spirit remind us of your great promise that death is temporary and life is eternal.

We praise you for your goodness forever and ever. Amen.
(www.Notre Dame.edu)





Fall 2023

August 30 – November 8th

Wednesday Nights 6:30 – 8 p.m.

For more information you may call Beth Lynch @ 336-707-0140

The league provides a safe and free space for kids and teens to play Pokémon in all forms. It provides crafts, trading, games, and socialization.

August 30 – Welcome to the Fall

September 6 – No Vmax tournament

September 13 – Pokémon Bingo and craft - On this evening we will meet in the Christian Ed wing.

September 20 – Pokémon Uno and Labyrinth

September 27 – Let's Flip for Pokémon

October 4 – Fall Birthday Celebration

October 11 – Pokémon Trivia day

October 18 – Time to start a 3-way Pokémon Tournament

October 25 – Make your own Pokémon board

November 1 – Pokémon Holiday

November 8 – Good-bye party until January 2024

Evening Prayer



Sunday Evening Prayer, at 7:00 PM:

We use the 1979 *Book of Common Prayer* and the readings for the Sunday Lectionary. It is a quiet service and a good way to end the weekend and prepare for the week to come. :

Anyone interested can send me an email to be put on an email distribution list:

drutledge1225@gmail.com

Sunday Evening Prayer@ 7:00pm
Join Zoom Meeting

<https://us06web.zoom.us/j/84700614072>

Meeting ID: 847 0061 4072

Passcode: SunEP

A new church season is about to begin! There are many ministries and spiritual formation groups that offer something for everyone! Please know that meetings via Zoom will have the links in our Monday emails.



Coffee House Band

We will have a special Coffee House session on September 17th featuring Father Rick!! Join us!!!

Scepter Newsletter:

Scepter Our Scepter is online and in print the 1st Sunday of every month. Submissions for a monthly issue are due the 20th of each month.

Women's Spirituality Group:



Begins Saturday, October 7th at 10 AM. Please read our article on page 15.

Men's Spirituality Group:



Join us the 2nd Saturday of each month for Morning Prayer and reflection.

We begin, again, September 9th at 8 AM.

Needle Arts Ministry



Even though we continued throughout the summer, we invite all to join us in the Fall on Tuesday afternoons at 1 PM. Bring your project and meet new friends!

St. Edward's Choir:



Rehearsals begin Monday, September 11th. If you are interested in joining the choir, please contact Karen Waddill.

The Chosen Viewing & Discussion Group:



Begins Sunday, September 3rd after the 10 AM service. Bring a bag lunch!

Lunch & Learn:

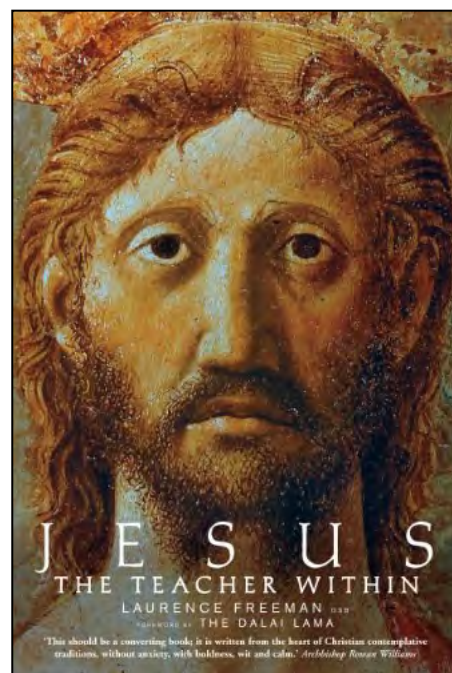


Begins Friday, September 8th at 12 noon via Zoom.

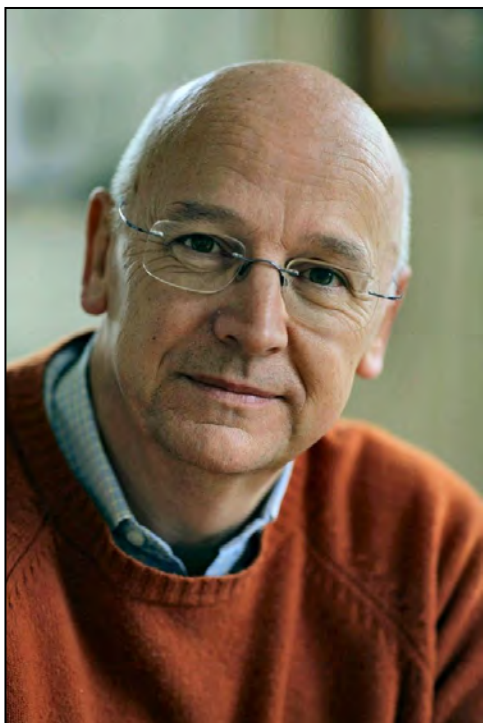
Lunch and Learn Begins Friday September 8th



Beginning Friday September 8th, our *fall Lunch and Learn* season begins at 12 Noon. A zoom link will be in the Monday, email message. We are very excited to introduce the book, *Jesus the Teacher Within* by Laurence Freeman. We hope you will join Bob Mosebach and Father Rick as we journey into the person of Jesus, and the essential unity and simplicity at the heart of Jesus' teachings. We encourage you to buy the book now and begin by reading the introduction written by His Holiness the Dalai Lama



From Amazon: Embarking on this journey of rediscovery, this book takes as its starting point a question that Jesus himself asked his disciples, 'Who do you say I am?' For the many Christians who have never taken this question seriously, Laurence Freeman explores this question in the light of some of the big issues of religious understanding: the historical reality of Jesus, the experiential reading of the Scriptures, personal conversion, the inner journey.



Laurence Freeman

Laurence Freeman is a Benedictine monk of the Congregation of Monte Oliveto Maggiore in the Abbey of S Maria del Pilastrello, Lendinara Italy. With Irish and English roots, Laurence Freeman was educated by the Benedictines and studied English Literature at New College, Oxford University. Before entering monastic life, he worked with the United Nations in New York, in Banking and Journalism.



The Dalai Lama and Fr. Laurence Freeman

September

WEDNESDAY EVENING FELLOWSHIP

FAITH. FOOD. FUN.

WEDNESDAY, SEPTEMBER 13TH
5:30 PM – 7:00 PM

We invite ALL to a parish-wide potluck supper in the parish hall! Our June dinner was great fun and we look forward to another great evening of fellowship! This is a wonderful way to celebrate the coming together of our "active" church year and to share our summer stories of fun, family, and travel.

How does it work? Bring a main dish, dessert, or salad/bread for 5 people. Bring your own place setting: dish, utensils, glassware, placemat. *We will provide the drinks.* And we will have paper goods available for folks.

Easy set-up and clean-up allowing us to enjoy each other's company!

A sign-up sheet is in the narthex! Please add your name and whether you will be bringing a main dish, salad/bread, or dessert.



BASKET FUNDRAISER BEGINS SEPTEMBER 17th

Your robust support has provided our Fall Fundraiser with 29 baskets! Now it is time to create your awesome basket for our raffle. Baskets are due September 10th! Viewing and tickets on sale from September 17th – October 14th.



Mark your calendars for Saturday, October 14th! Tickets on sale beginning September 17th. Fun, food, and family! Let us come together to raise funds for the ministry and mission of St. Edward's and have a great time doing it!!



Hosted by Father Rick and Blair Lord

After a two-month break to enjoy summer travels, our luncheon with Jesus and his disciples resumes **Sun-**

day, September 3rd with a brand-new season of television! Here's a recap of what we've viewed so far, although I recommend checking out the first season at the links below ...

In season 1, we were introduced to Simon, his brother Andrew, and his wife Eden as they faced the perils of taxation and Roman oppression in Capernaum. We also met Mary, a woman needing rescue from her demons to become her true self, and Matthew, a tax collector who went from self-confident logician to confounded witness of miracles. Finally, we followed the Pharisee Nicodemus as he questioned what he thought he knew about God. As each person came face-to-face with Jesus, we the audience raised questions about our spiritual experiences and struggles, the history and culture surrounding Jesus's earthly life, and

how episodes from and interpretations of Scripture speak to us. We offered varying perspectives and contributed to a rich, multi-faceted discussion.

Going into season 2, we will pick up where we last left Jesus: preaching in a Samaritan city after meeting the woman at the well. This new phase in Christ's ministry kicks off the first episode of the season, "Thunder." To watch with us, please convene in the parish hall after the 10am service on September 3rd. Everyone is welcome, whether you've binged the entire show or are just getting started.

If you would like to catch up on season 1, you can access *The Chosen* for free at these links:

- new.thechosen.tv
- angel.com/watch/the-chosen

You can also download The Chosen App or the Angel Studios App to your Amazon FireTV, Apple TV, or Roku, and on your phone from the Apple Store or Google Play Store.

"The function of prayer is not to influence God but rather to change the nature of the one who prays."

—Søren Kierkegaard

Women's Spirituality Group

By Michelle Bentley

The Women's Spirituality Group will begin its Fall season on Saturday, October 7th at 10 AM in the parish hall. Join us as we begin a new season of spiritual formation and fellowship. Our past season we begin with light refreshments and conversation, followed by Morning Prayer, and reflection. Let's gather together and see what the group would like to accomplish in this new season. Maybe you would like to lead a session? Maybe you have an idea on ways we can express our spirituality and reflect on our readings. Let's form our new season together!



Our **Stephen Ministry** program is a confidential and prayerful resource to support those in need during the challenging times we encounter in our personal lives.

If you could benefit from the confidential, one-to-one care of a Stephen Minister, please contact our Pastor Care Coordinator, Peggy Hanzelman at phanzelman@comcast or 717-390-4944. There are brochures in our narthex and in our sanctuary pews. Our Stephen Ministers are also identified by special name tags at our Sunday worship.



Brochures are available in the Parish Hall and also in the sanctuary pews.



Include your news and announcements in the next Scepter.

Due date for October will be:

September 20th.

Send articles and announcements to:

HJ_Miller@outlook.com





There is a volunteer request from HAFP from partner churches as follows: Beginning September 23, clients will come into the building to select their food items as was done before Covid. We will be using more volunteers. If you are interested in volunteering on a Monday or Wednesday, please let me know. There is also a need for a volunteer with a pick-up truck to collect food items at grocery stores.

Requested food for September

- Elbow pasta
- Mac and cheese
- Noodles
- Raman noodles
- Cereal
- Canned carrots
- Canned mixed vegetables
- Canned green beans
- Large peanut butter
- Large jelly

Community Aid News

Beginning May 15th, Community Aid began expanding the payouts to partner organizations for donated items!!! Below is a list of items you can bring to Community Aid, mentioning they are for St. Edward's Episcopal Church (***Our Partner Number is 40036***). We will receive credit for quarterly payouts that assist our Faith-in-Action ministry. Community Aid has always accepted these items, but in the past, they did not give credit to partner organizations for electronics, toys, and household goods.

Clothing
Shoes
Accessories
Electronics
Toys
Household Goods

Food Collection For The Rahims Now Once A Month

As you know, we have been supporting the Rahim family with food items. Since school has now started we are cutting our provisions to once a month. Please take a look at the sign-up sheets in the narthex for specific items needed.



Back Packs



Bridget Martin, a School Social Worker accepts donation from Ellen Milligan and Beth Lynch

By Ellen Milligan

The kind and caring congregation of St. Edward's came together once again to donate backpacks and gift cards to Hempfield students in need. A total of 20 backpacks, \$575 in Giant gift cards and \$700 in Walmart gift cards was donated to Hempfield with an anticipated gift of \$280 more. Ms. Martin, a social worker for the district, said that she planned to distribute backpacks throughout the schools that morning and that they were looking forward to receiving them. Your generosity will make a difference in the lives of the students and their families. Thank you for showing God's love by putting your faith into action.

How We Walk
With The
Broken Speaks
Louder Than How
We Sit With
The Great

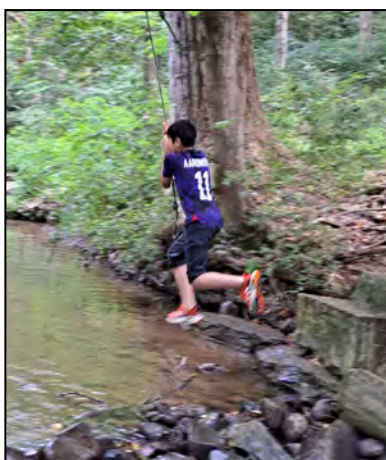
Rahims at Conoy Creek Hideaway

Pictures by Joyce Kamm

One sunny afternoon in August, the Rahim's were introduced to the grounds at Conoy Creek Hideaway in Bainbridge - an ideal place for a personal retreat. While Najib slept peacefully under the roof of the pavilion...a much needed respite for him...a fun time was had by all.



Malalay, Khateeb, Tay and Sohaib. Their faces tell it all.



Tay swinging from the rope



Khateeb



Anfal—Look how she has grown.



Two years ago!

Malalay at Mt. Gretna Playhouse

On Sunday, August 12, Daniel Weber, M.D. founder of the Medical ESL Program at Literacy Council of Lancaster-Lebanon treated 50 of his international students to a jazz concert at the Mt. Gretna Playhouse. The students have been studying together via Zoom for two years. Just picture what it was like for all these men and women, who have only known each other through Zoom, to come face-to-face. There were many happy smiles, joyous tears and hugs.

You might be asking, "Did she enjoy the jazz music?" Answer: Not so much. But the reunion was glorious as you can see on the faces below.



Tears of joy were streaming down this woman's face.



Malalay conversing with Becky who teaches the Rahim's daughter in Afghanistan English via Zoom—as do Randy and Meredith Westgate. Think what a privilege that is!

St. Ed's Tutors and Rahims at Long's Park

By Meredith Westgate

On Sunday, July 9, past and current members of the tutoring team and the Rahims celebrated the end of the school year for the Rahim boys at the Long's Park concert and also the end of our two year commitment to help the children learn English and adjust to American school. It rained torrentially in the afternoon, but the weather turned into a perfect, beautiful evening at 6, just in time for the concert. Together we enjoyed delicious snacks and drinks and good conversation over traditional Celtic and modern music from Scotland and Ireland. It was a wonderful evening!



The Rahims and Randy Westgate



Dottie, Najib, Malalay and Randy



Seth and Beth Hake, Rosie Westgate



Malalay and Meredith Westgate



Seth and Beth Hake, Rosie Westgate, Anfai Rahim, The Donohues



A trip back to The Pottery Works
Malalay, Beth Lynch, Joyce Kamm



Prayers requested for incarcerated family and friends of St. Edwards: Joey (nephew), Mike (son), Jeremy (friend) and Saskita (niece).

Please contact us if you have someone in your life who is incarcerated. We will add them to our prayer list. **If they would like to receive cards or letters**, please contact Bruce Lynch or Catherine Donohue.

Support For Prison Ministries, Brownstown
Bringing hope and encouragement to those within prison walls in Lancaster County and beyond.

Support for Prison Ministries, with offices in Brownstown, PA, is a growing inter-denominational ministry that contracts chaplain services to Lancaster Co. Prison (LCP) and Lancaster Co. Youth Intervention Center (YIC).

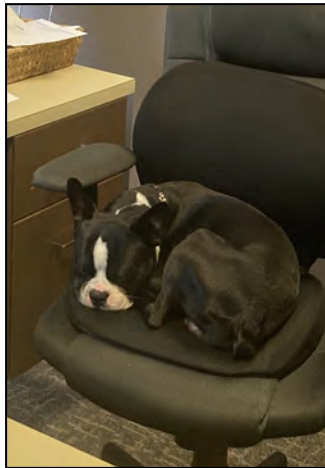
Pray for our Chaplains – as they balance their personal lives and families and still give quality time with ministering to prisoners. Pray that God gives them the strength and encouragement to have a well-balanced and healthy relationship with God and family.

Pray for an inmate - whose family is going through a rough time, and he is trying to be a support to them from LCP.

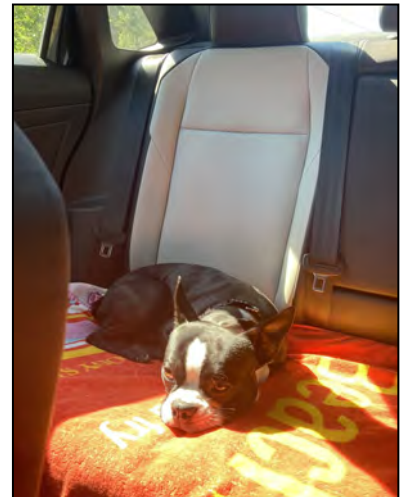
Pray for a pastor and his wife - who has tried to help ex-inmates and those with mental health needs. She was assaulted trying to help one of the men. Ask God to be there to strengthen and encourage them in their ministry. Let them know God's discernment for this ministry and help with any future fears,

Praise Item - A retired state corrections officer who had been opposed to religious services has now become a faithful follower. When working in prison, he had to work the religious area and the inmates befriended and continued to witness Christ. He was drawn by their witness.

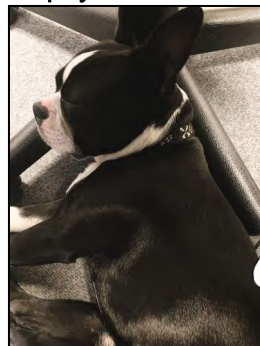
By Michelle Bentley



Nice to have a friend who keeps your seat warm.



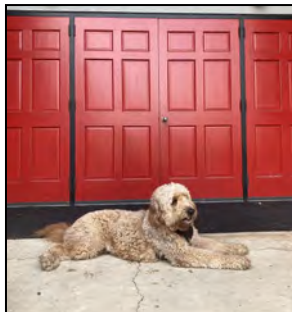
Unwind the day with a mellow car ride from church to home.



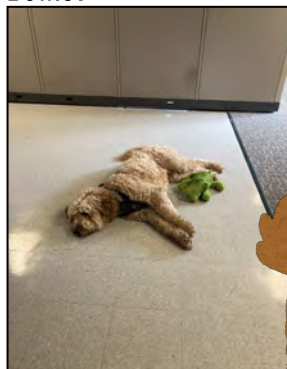
Bowie can pretty much sleep anywhere.



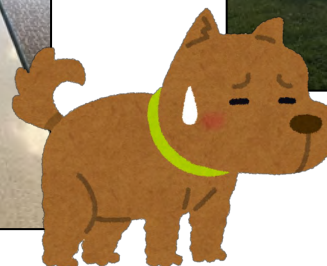
"The wind in my face. . ."



Ian's dog, Winston, wanted to know if he could share mascot duties with Bowie?



That summer heat wears a city guy out!



"So this is what the countryside looks like?!?"

Ordination of Rev. Dina Ishler



St. Matthew's



Dina



Processional



Fr. Rick



Faith Ishler



Carter Ishler



Audrey & Dina



Bishop Audrey Scanlan



The Holy Eucharist



The readings



Welcome to the priesthood!



Amy Yovanovich



Mother Dina



Group photo!!!



Nancy Mannion



Reception



Mary Snyder, Dina,
Irene Achey



Dina's
Kayaking
Stole

St. Matthew's Episcopal Church in Sunbury Welcomes new priest, Mother Dina Ishler

Ashlyn Walshaw

For The Daily Item

Dina Ishler grew up outside of Princeton, NJ, where she was raised in the Episcopalian faith of her father.

Some of her earliest memories are from church: the language, the prayers, the music, and the liturgy. Ishler also remembers wanting to go up and take communion before she was confirmed. It used to be a common practice in the Episcopal church that you couldn't receive communion until you had been confirmed as a teenager.

"It has always been a big part of my life," she said. "There wasn't a time in my life when I worshipped somewhere else like some people do or felt that the church or my faith had abandoned me or left me. It has just always been a part of who I am, so that's the foundation."

Ishler attended school to become a music teacher. She did her undergraduate work at Lebanon Valley College and then attended Eastman School of Music in Rochester, NY before returning to Pennsylvania to teach.

It was not until six years ago that Ishler really became aware that she was being called to something different.

"My mother had died," she said. "She was a natural shepherd. She was always shepherding (people) in some way, feeding them or caring for them when they were sick. There was something about after she died and honoring her that I was paying attention to and it led me into some kind of shepherding ministry and it just kind of opened up into ordained ministry."

Ishler's sponsoring parish was Saint Edward's in Lancaster, and she completed her field placement at Saint Andrew's in Shippensburg.

Mother Dina said one of the things that she appreciated the most about Saint Edward's and Saint Andrew's was how open and kind they were.

She explained that the ordination process

is a long, complicated road with unexpected turns and bumps to overcome, so the love and support of those congregations meant a great deal to her.

Ishler's current position at Saint Matthew's Episcopal Church in Sunbury is her first as an ordained member of the clergy. The Episcopal Diocese of Central Pennsylvania and Bishop Audrey Scanlan assisted in pairing Mother Dina — as she is known — with the church. She explained that Scanlan and her staff help communities and clergy determine a good fit for both the member of the clergy and the parish.

Roy Casey of Sunbury is the junior warden and a member of the vestry at Saint Matthew's.

He has been a member at St. Matthew's for more than 30 years. He said the arrival of Mother Dina at Saint Matthews will benefit the congregation and the church.

"She's very energetic," Casey said. She seems to be having a positive effect, he continued. The weekly attendance is up quite a bit from where it had been.

"She's interested in restarting a lot of programs that fell along the wayside when we didn't have a priest and with the after effects of the pandemic."

Mary Ann Loftus of Pillow, senior warden at St Matthew's and a member of the church for 15 years spoke about what makes Mother Dina so special.

"There's no limitation to her availability for any of the parishioners or even people who aren't parishioners," Loftus stated. "She will go above and beyond and be available for contact at any point in time. It just brings people all together."

Ishler has two goals that she hopes to accomplish as priest at Saint Matthew's: inviting people to build a deeper relationship with God and helping the church to find ways to serve its community.

"I think the thing I would like everybody to know about the Episcopal church is that we welcome everyone," Mother Dina said. "We believe all people are beloved and it's our work as neighbors and fellow travelers on the way to love them and encourage them into a deeper experience of God's love and wholeness." She emphasized that there are no rules about who is "in" or who is "out" or someone needs to believe a certain way.

"We don't do that. We are very welcoming, inclusive, and loving."

Mother Dina moved from Lititz to Selinsgrove to accept the job here. She lives with her husband of 29 years, Patrick, a music teacher. They have a daughter Faith and two sons, Carter and Thomas. Ishler enjoys kayaking, as it is a great way for her to feel rejuvenated and to connect with God on a spiritual level.



Vintage Shawl

Picture by Mary Snyder



Liz Yeager's Aunt Loretta created this unique shawl. It is over 100 years old..



What We Did This Summer



Gail and Dick Irons with family in Wildwood Crest



Gail with grandson after a day of wave jumping



Iron's Grandsons at the beach



Amanda Campbell's dinner in Maine



Bauer's July 4th in Michigan



Westgate's Grandson



Peg Reiley, Matthew and Rachael in Spain



David Rutledge at PA's Grand Canyon



Reunions



Donohues hiking



Randy Westgate on the lake



Westgate grandson fishing



Mac Miller and family found the gold at the Escape Room on Queen

What We Did This Summer



Nancy Manion in France



French food



Nancy with vintage plane



Jackson begins her trip to Europe



Kim Kline with boys at Pitt and Penn State



Karen Waddill conducted musicals at Dutch Apple Theater



Bear track at Westgate's lake house



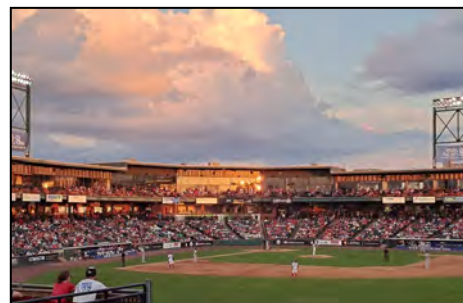
Joe & Lynn McCabe at Washington Cathedral



Rosie and pets



Rosie and nephew boating



Karen Waddill at Clipper Stadium



Randy and Rosie Westgate relaxing



Bauers at the beach



Minor league baseball in Altoona



Bev Achey and Scott Smith kayaking in Alaska

What We Did This Summer



Making our way out of Epcot after a day of adventure and fun



Recapturing a picture we first took together eight years ago with Nemo and Dory.



The Bauer Boys on Big Thunder Mountain.



Taking in the Magic Kingdom.



Souvenir shopping at Disney Springs



Two thumbs up for the Haunted Mansion.



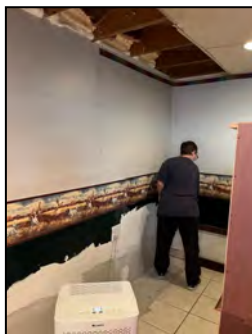
The boys enjoying Star Wars: Galaxy's Edge in preparation for a ride on the Millennium



A meet and greet with Chewbacca



Jodi is suited up to remove the ceiling tiles and insulation.



Before we could paint old wall paper had to be removed



Mary and Jodi spent their vacation prepping and painting their basement.



It was an exhausting job!!



Mary reported: We had been working in the basement for 5 days straight and we had just finished the painting and were coming out for a break and it had rained and we were greeted with a beautiful rainbow as a reward for our hard work.



July and August Services

Pictures by Mary Snyder



Fr. David Bateman



Fr. Tim Small



Wanda Stoltzfus



Bob Mosebach



Fred Cluck, Jay Miller, Nancy Mannion



Deborah Fast



Fr. Rick Bauer



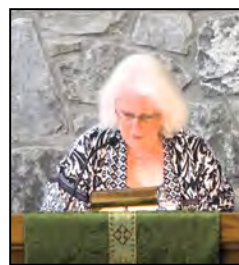
Rayelenn Casey



Linda Jones



Buddy Yeager



Jeanne Mosebach



Jamie Alton



Eucharist



The Gospel



Worship
SERVICES



Joe McCabe, Sally Lederer &
Dorris Smith



Blair Lord



Dottie
Gschwend



Beth Hake



Jay Miller



2453 Harrisburg Pike

Lancaster, PA 17601

Phone 717-898-6276

Email: stedsoffice@comcast.net

www.sainteds.org

LOOK FOR US ON THE WEB!
www.sainteds.org

Staff

The Rev. Dr. Rick Bauer,
Rector

Michelle Bentley, Parish
Administrative Assistant

Karen E. Waddill,
Director of Worship Music

Parish Office Hours

Tuesday-Friday:
11AM – 4:00PM

Vestry (year term ends)

- ✦ Karen Grant (2024)
- ✦ Peggy Hanzelman (2024)
- ✦ Richard Irons (2025)
- ✦ Blair Lord (2026)
- ✦ Beth Lynch (2025)
- ✦ Jay Miller (2026)
- ✦ Bob Mosebach (2026)
- ✦ Mary Snyder (2025)
Jr. Warden
- ✦ Randy Westgate,
Sr. Warden (2024)

Worship Services

Sunday Services

8:00 a.m. Holy Eucharist Rite I (said)

10:00 a.m. Holy Eucharist Rite II

Wednesday

12 Noon: Contemplative Eucharist,
Meditation, and Healing Prayer

[HTTPS://SAINTEDS.ORG/](https://sainteds.org/)

