



Scepter



Reflection From the Rector's Desk

By The Rev. Dr. Richard C. Bauer



“Unless a grain of wheat falls into the earth and dies, it remains only a single grain; but if it dies, it bears much fruit.”

Fall offers us so much more than just a change in weather and scenery; it's a season rich with spiritual symbolism. As the world around us shifts, our spiritual formation in the fall offers us a profound opportunity to reflect on themes of letting go, transformation, and renewal. And perhaps, the beauty of fall lies not only in the brilliant colors of the trees but also in the natural rhythms of life that mirror the inner journey of the soul. For me, Autumn signals a renewed commitment to spiritual formation, that iterative process of growing into deeper union with God, in the apparent shifts in the natural world and within the recesses of our inner-most

self. It's almost as if the cooler winds beckon us to discipline: inviting prayer, meditation, study, worship, and service, all aimed at shaping the inner life to align more closely with the heart and mind of Christ.

When I walk outside and allow myself enough time and space to take it all in, I can feel in my bones that fall is a time of transition, where the vivid vibrancy of summer gives way to the stillness of winter. Trees shed their leaves, crops are harvested, and the days grow shorter. And for many of us, fall is a favorite season, not just because of its beauty but because it invites reflection on our impermanence and

the rhythms of change. And so it is, that in spiritual formation, this season is often seen as a metaphor for the process of letting go. Just as trees release their leaves, we too are invited to release old patterns of thought, habit, and attachment that no longer serve our dedication to spiritual growth. And this act of surrender is central to discipleship, where our growth often involves shedding the old self to embrace the new. It reminds us of the beckoning to renewal, discussed in Ephesians 4:22-24, where we read: "You were taught to put away your former way of life, your old self...and to clothe yourselves with the new self, created according to the likeness of God in true righteousness and holiness."

But fall also symbolizes harvest time. It's when the fruits of the summer's labor are gathered, and we celebrate the earth's abundance. Spiritually, this mirrors for us the idea of reaping what we've sown, as the harvest season encourages us to reflect upon the lived consequences of being who we are. It's a time to ask ourselves: Have we nurtured our relationships with God? Have we invested in practices that bear fruit in our spiritual lives?

And when we engage this work of spiritual ingather-

(Continued on page 2)

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Special points of interest:

- • *Worship services and Parish hours are on the back cover of the Scepter*
- • *Staff and Vestry Members are listed on the back cover of the Scepter*

Reflection

ing, the harvesting of our inner and outer realities, one of the most profound lessons of fall can surface through our heightened awareness of the necessity of letting go of things that haven't brought us closer to union with God. Because the falling leaves remind us that change is a natural and an unavoidable part of life. Indeed, when it comes to spiritual growth, clinging to old beliefs, habits, or ways of living can hinder the work of the Holy Spirit in us.

And so, just as trees shed their leaves to conserve energy for the winter and prepare for new growth in the spring, we too must sometimes release our attachments to prepare for the next stage in our own spiritual journeys...no easy process. It can involve letting go of relationships, ambitions, or even long-held theological assumptions. But this surrender is an essential part of our spiritual formation, echoed when Jesus himself says to us: "Unless a grain of wheat falls into the earth and dies, it remains only a single grain; but if it dies, it bears much fruit." But leaning on the wisdom of our Lord and teacher, in this season of letting go, we're also called to trust that we'll survive the experience of change. For, just as the trees naturally embrace new growth in the spring, our ever-becoming beckons us to trust that God remains at work in our lives when we lose our leaves, when things seem to be "fall"-ing apart.

Here at St. Edward's, we cultivate something of this trust through our practices of contemplative prayer and meditation, where we learn to release control of things that we cannot change and to surrender to God's will. Indeed, every Wednesday at noon, we gather to reflect inward as a community, with equal measures of thanksgiving and self-emptying, so we can learn how to better appreciate the gift of life and our need to embrace our impermanence as mortal creatures. It's as if we shed our

leaves together, watch them as they blow away, and thank God for allowing us to have been adorned by them for as long as we were. Because in our spiritual formation, we come to recognize that gratitude is not just about saying "thank you" but also about acknowledging God's miraculous provision in all aspects of life. It involves our shifting focus from what is lacking to what has been generously given. It helps us to reflect on the myriad ways that God has blessed us, so that we can better respond, in faith, by sharing those blessings with others.

But for all the work that comes with the responsible exercise of our agency as disciples in spiritual formation, fall also invites us to willingly embrace a slower pace of life. The days grow shorter, the air cooler, and there's a natural inclination for us to quiet down and to turn inward. Even though we ramp up our programs across our churches come September, this can (and should) be a time of rest and reflection for us, a chance to pause and to take stock of our spiritual journeys. And this season of reflection can be used to assess both how we've grown and to account for where we're still in need of further growth. It can afford us time to listen more closely to the voice of the Holy Spirit, who may be calling for deeper transformation or a renewed commitment to certain spiritual practices in us. And whether we're journaling, engaging silent retreats, or allowing ourselves to sit quietly for extended periods of solitude, Autumn can be especially fruitful for us as individuals and as a community...if we make space to listen for God's voice more clearly.

It's my heart's hope that we'll each find ways to experience this fall as an invitation to embrace the natural rhythms of life as part of our spiritual journeys. Because this season, marked by letting go, transfor-

mation, gratitude, and reflection has something to teach us if we're willing to listen and to remain present. And as the world around us changes, we're reminded that God is continually at work, shaping and renewing us into His image. Fall, with its rich symbolism and undeniable beauty, offers us a unique opportunity to deepen our spiritual lives, to trust in God's provision, and to prepare ourselves for the new growth that is to come. Enjoy the shift; and peace be with you friends,

Rick+



Parish Office Hours

Parish Office Hours

Tuesday- Friday:
11:00 – 4:00PM

Parish Administrator
Michelle Bentley

Scepter

Production Staff
H. J. "Mac" Miller
Mary Snyder
Joyce Kamm



If you're the last person to leave the building following Sunday services or an event, please take the time to make sure all the lights are turned off (including the rest rooms) the thermostat is reset and the doors are locked.

By Ethel Lawrence



Your Vestry met August 25 of 2024. I am a new member of the Vestry along with a few other new folks. We were welcomed with open arms and an opening prayer. Then onto business.

Our financial report was good, thanks to your continued timely and generous giving and some very generous financial gifts which will allow us to make some much needed updates to block the harsh sun and make our sanctuary much more comfortable and energy efficient. This work will be done by the same company that installed our stained glass windows. This product will also serve to preserve the colors in the windows and also cut our energy bills considerably

October will bring fresh paint to some of our parish hall and our floor will be stripped of old wax, rewaxed and polished. We are also looking forward to the installation of some new lighting for our back entrance that will bring more, much need-

ed light for safety and convenience as we enter for events in the coming Fall and Winter months. These lights will run on a photocell so they will automatically go on at dusk and turn off at daylight.

We look forward to a very successful Fall season with your help and support. There are lots of fellowship opportunities and some very helpful seminars coming up, so please try to come to these life changing events. There is a lot of time and energy that goes into these events. Please consider attending.

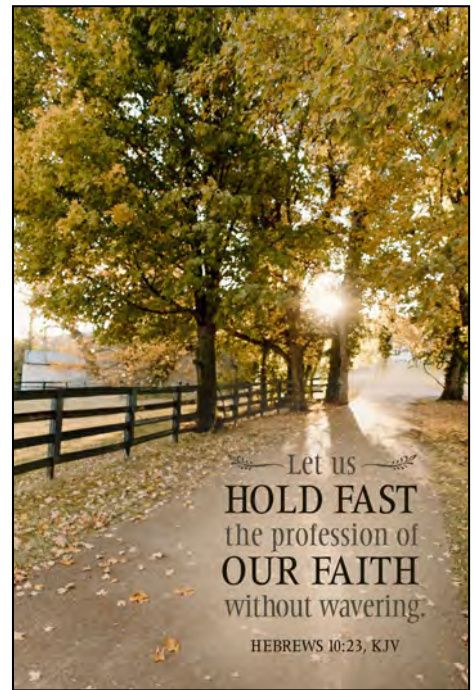
Let's not forget the very famous cookie and craft show. This sale and the basket raffle are very important to our church budget and bottom line. Please plan to attend to support the church and to support the efforts of the very talented folks who bake and create amazing crafts and beautiful knitted gifts for us.

November will bring us a visit from our Bishop. We are always delighted by that event.

I see you all as my church family and I am honored to be a small part of your Vestry.

You have all created this amazing church. Please remember we are here for you. If you have a concern of any kind or any ideas you would like to bring to light we look forward to hearing from you.

Peace be with you.



Military News

Please keep in your prayers those close to us who are serving in the military.

★Richard Mutari

Please advise Michelle Bentley in the Parish office or HJ Miller@ Outlook.com if these names should remain on our list:

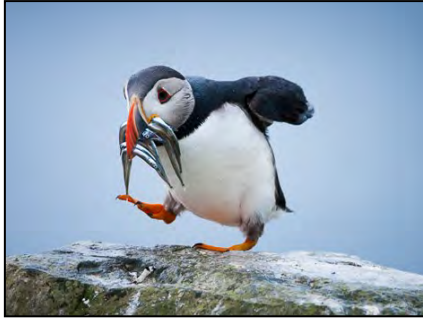
- ★Justin Carnahan
- ★Brandon Fox
- ★Gordon Frankenfield
- ★Matt Fuhrman
- ★Jack Hawk

- ★Drew Johnson
- ★William Justice
- ★Anthony Koser
- ★Alex Kube
- ★John Lewis
- ★David Peck
- ★Capt. Andrew Pfeiffer
- ★Mike Spurr
- ★David Sternberg
- ★Clayton Tennies
- ★Connor Tennies
- ★Evan Westgate
- ★Seamas Whitesel
- ★1st Lt. Thomas Whitesel



Parable of the Pufflings

By Heidi Hyland Mann



As summer ends on a remote island off Iceland, parent puffins — black and white seabirds with rainbow beaks — stop bringing fish to their chicks. These “pufflings,” whose first few weeks were lived in burrows in cliffs, now must launch into a wind current to glide out over the sea and find their own food. Some babies, however, mistake a lit-up house or gas station for moonlight on the water and, as locals say, “fall out of the sky.” Because pufflings can’t yet take off from land and fly, if left alone they starve.



So for generations, during “puffling season” people on this island have stayed up late to rescue baby birds. On his *Animal* podcast, reporter Sam Anderson tells how, with an islander’s help, he picks up a puffling one night, placing it in a box for morning release over the ocean. As the frightened, confused bird squeals and scratches to get free, Anderson supposes it thinks this is the worst night of its life. In fact, it is the best: It’s being saved.

We humans often get confused, pulled in wrong directions. We’re misled and land in trouble from which we cannot save ourselves. Scared and confused, we believe we’re irredeemably trapped in the worst of circumstances. We can’t perceive that, even now, we are being protected and rescued, that God is working to give back to us the fullness of life we cannot attain for ourselves.

Pokémon



2024-25 Pokémon Schedule

Spring - Wednesdays

Fall - Wednesdays

April 30th - May 18th

September 11th to November 20th

(No session on October 9th)

Winter - Wednesdays

January 22nd - March 26th



Trunk or Treat



Trunk or Treat will be held Oct 25 6-7pm. For more information see page 12



Beth Lynch and Harrison Irons Last year was a lot of fun for parishioners and visitors.

52nd Lancaster CROP Walk Oct. 20

Walk begins at 2:00 pm

Start line is at Annunciation Greek Orthodox Church 64 Hershey Ave, Lancaster, PA 17603

<https://events.crophungerwalk.org/cropwalks/event/lancasterpa>



Stauffer Twins



Emma and Sadie are so excited to be going to school



Anfal Rahim looking a little apprehensive for her first day in kindergarten.

A pastor was 10 minutes into his sermon when he noticed his young son in the balcony with a pea-shooter. He was leaning over the balcony and popping people in the head.

As the pastor prepared to deliver a very public scolding to his boy the 7 year-old son hollered out, "You keep preaching Dad and I'll keep'em awake!"



Make this craft as a helpful reminder of Jesus' free gift of grace.



What you do:

1. Fill the box with small stones to weigh it down. Tape the box securely closed.
2. Wrap the box and add a bow on top.
3. With marker, write a capital letter on each side of the box and the bottom to spell GRACE.
4. Use this as a decoration or paperweight, or give as a gift.
5. Explain GRACE to someone.
For help, use Ephesians 2:8-9 and the acrostic God's Riches At Christ's Expense.



Bible Quiz

When Jesus asks a Samaritan woman for a drink, at which site related to the ancient Israelites is he resting?

- A. the edge of the Jordan River
- B. beside the Red Sea
- C. Jacob's well
- D. the Pool of Bethesda

Answer: C (See John 4:6.)



Answers
INSIDE

Answer: C (See John 4:6.)

PUZZLE

SAVED BY GRACE

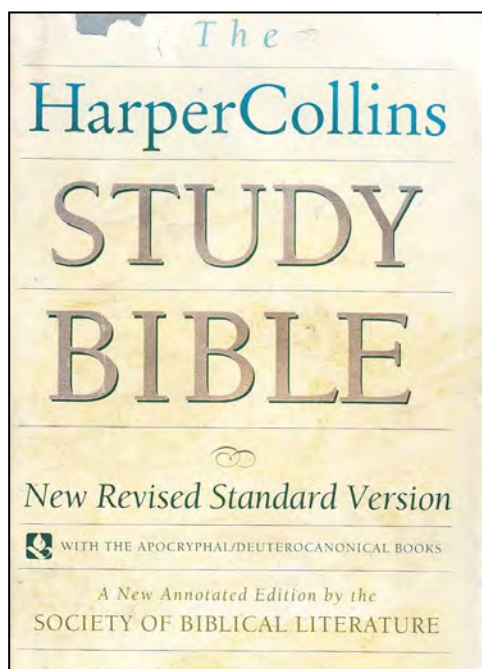
Leaders of the early church discussed whether newly converted Gentiles must keep the Law of Moses. How did Peter answer?

Directions: Cross out every third letter. Then write the remaining letters in the blanks below to complete Acts 15:11, NIV.

NOFWEGBEKLIBEVGEITIYS
TUHRCOUJGHRTHOEGPRAH
CEIOFXOUKRLHORCDJESPE
USGTHWATYWEDARBESPALVD
RJUCSTQASHTHBEYFAROE

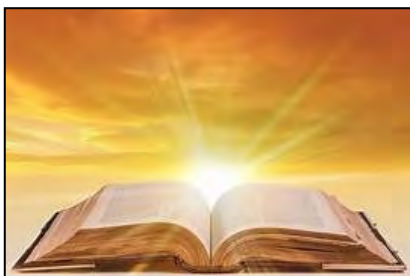
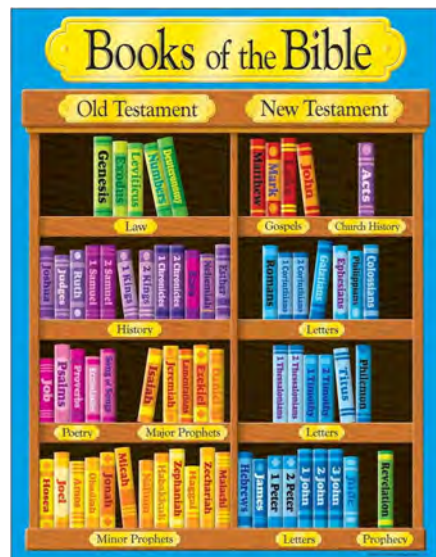
_____ "Acts 15:11, NIV

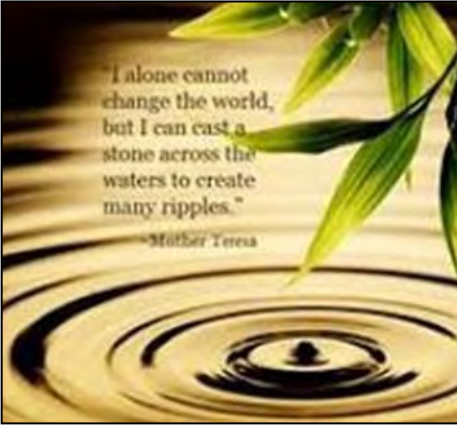
Join The Challenge!



Straight Through the Bible Reading Plan October-November 4

1-Oct	Obadiah 1:10-21; Jonah; Micah 1-3	14-Oct	Matthew 17:14-20:34	30-Oct	Luke 8:26-10:16
2-Oct	Micah 4-7; Nahum 1-2	15-Oct	Matthew 21-22	31-Oct	Luke 10:17-12:12
3-Oct	Nahum 3; Habakkuk; Zephaniah 1:1-13	16-Oct	Matthew 23:1-25:13	1-Nov	Luke 12:13-14:11
4-Oct	Zephaniah 1:14-3:20; Haggai;	17-Oct	Matthew 25:14-26:68	2-Nov	Luke 14:12-16:31
5-Oct	Zechariah 1:1-11- Zechariah 1:12-7:14	18-Oct	Matthew 26:69-28:20	3-Nov	Luke 17:1-19:27
6-Oct	Zechariah 8-13	19-Oct	Mark 1-3	4-Nov	Luke 19:28-21:9
7-Oct	Zechariah 14; Malachi	20-Oct	Mark 4-5		
8-Oct	Matthew 1-4	21-Oct	Mark 6-7		
9-Oct	Matthew 5-7	22-Oct	Mark 8:1-10:12		
10-Oct	Matthew 8:1-10:15	23-Oct	Mark 10:13-12:12		
11-Oct	Matthew 10:16-12:21	24-Oct	Mark 12:13-14:11		
12-Oct	Matthew 12:22-14:12	25-Oct	Mark 14:12-15:47		
13-Oct	Matthew 14:13-17:13	26-Oct	Mark 16; Luke 1		
		27-Oct	Luke 2-3		
		28-Oct	Luke 4:1-6:26		
		29-Oct	Luke 6:27-8:25		





by ourselves.

The New Testament is clear that one cannot be a solitary Christian. We are members of Christ's body (Ephesians 5:30) and "belong to the family of believers" (Galatians 6:10, NIV). As you gather for worship and receive Holy Communion, thank God for "our common salvation" (Jude 3, ESV) granted to all followers of Jesus.

Living out grace

Talk is cheap, especially when it comes to biblical concepts such as grace. How can people grasp the meaning of unmerited favor unless they experience it firsthand?

That happened to Mephibosheth, son of Jonathan and grandson of Saul, in 2 Samuel 9. After his father was killed in battle, the disabled Mephibosheth hid in fear. Why? In Old Testament times, a new king killed the previous ruler's bloodline. But David, keeping a promise he'd made to his friend Jonathan, showed Mephibosheth "the kindness of God" (v. 3). Imagine the impact that had on Mephibosheth's life.

By contrast, failing to live into God's grace and failing to give it out to others leads to many struggles, according to pastor David Seamands. "We read, we hear,



we believe a good theology of grace," he wrote, but "that's not the way we live. The good news of the Gospel of grace has not penetrated the level of our emotions." Instead, may we make a point each day to treat others with God's kindness and mercy.

"Christianity was never intended to be a solo walk with God," says pastor Jeremy Basset. "A conversion to Christianity is also incorporation in the body of Christ, the church."

That's a fitting reminder as we observe World Communion Sunday in October. Christians don't take Holy Communion alone; the very name of this sacrament refers to unity with God and others. We don't baptize ourselves. We don't learn Scripture or Christian theology and history alone. We can't have Christian fellowship

Coffee Hours

Pictures by Mary Snyder

One of the foundations of our weekly fellowship is our Sunday coffee hour. From 9 AM to 10 AM each Sunday, we offer folks a chance to gather, as one community, between the services, as well as the space we hold for our fantastic Coffee House Band to perform,

Join us at a coffee hour, sign up to serve as a coffee hour host, participate in our craft activities, or, if you hold musical gifts, contact Randy Westgate about joining the Coffee House Band.



Key Ring Craft



Jay Miller and Fr. Rick jam



Fall Fellowship Potluck Dinner



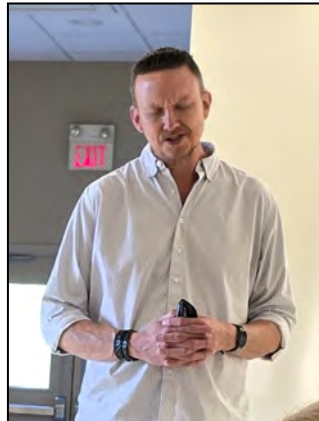
The Dinner on September 12th was well attended



Donna Holwager and Diana



Guest and Mary Ann Franck



Fr. Rick blessing the meal



Salad Table



Sue and Joe Hurlburt



Kid's table



Bob Mosebach and Bob Brackett



Donna Ray, Bruce Lynch, Mark Espie, Kate Wickenheiser, Joyce Kamm and Rayelenn Casey



It was Dick Iron's 70th birthday. So there was a special cake and Dick's picture, age 5



Amos Herr Park

We had a great turnout and a great time at the September 15th Amos Herr Festival. It was a beautiful picture perfect, yet HOT, summer day that saw many folks from our wider community taking in the many booths, food trucks, and the classic car show. St. Edward's began participating in this festival in 2019, after we became involved as a sponsor of the park's refurbishment in the mid-teen 2000s. It is a great way for St. Edward's to reach the wider community and invite folks to our events and worship. It has become our vestry meeting for the month of September and we thank our vestry members for giving their Sunday afternoon to represent St. Edward's. We are always looking for other parish members to volunteer to help with the festival, so please consider signing up in future outings!

Pictures by Mary Snyder and Michelle Bentley



Beth Lynch helped folks with crafts



Ethel, Mike Freshwater, and Blair greet our wider community to our booth.



Blair Lord and Ethel Lawrence manning our St. Edward's booth



Our booth was popular with the visitors

Did You Know?

By Michelle Bentley



Being here every day, I so appreciate the tasks that happen to keep our spiritual home running smoothly and looking so beautiful. But, *did you know* the number of folks who take time from their days to make it all happen for our community? We will be highlighting, over the course of our Scepter newsletters, the projects that happen so seamlessly, but really do take "many hands" and are so valuable to our home and in the welcoming way we open our doors to the wider community. It truly does take a village! Father Rick and I could not do this on our own!!



We invite any and all who are intrigued by the many projects that we will highlight to reach out to the parish office if they would like to learn more about how they can participate over the course of the year. In addition to our ministries, we have wonderful opportunities that folks can participate in that may only take an hour or two and happen just once or at specific times of the year. It is a great way to give your stewardship time and talent that supplements our "treasure" which is so important to successfully administering the ministry and mission of St. Edward's.



In this episode, we see Mike Freshwater and Randy Westgate spending the day installing a new system for us to display our banners. By creating a new system, we will more easily be able to place our banners up so that we do not have to dig a hole and install a post each time and our banners will display in a more stable manner to the public. And, when we are not displaying an event sign, the extended above-ground posts are removed and stored. When the next sign goes up, they just click right into the below ground anchor posts!

Fire Training

Pictures Michelle Bentley

On Saturday, September 21st, the local fire departments held a training session for learning a new water flow system in their firefighting efforts. St. Edward's helped facilitate this important training for the 3-4 fire departments with use of our parking lot to run hoses and access to our adjacent road frontage for staging of their trucks and equipment.



Bishop Scanlan's Friday Videos Are Back



As Bishop Scanlan begins her 10th year as the Bishop of our Diocese, she weekly addresses topics of specific interest to Episcopalians in the Central Pennsylvania Diocese.

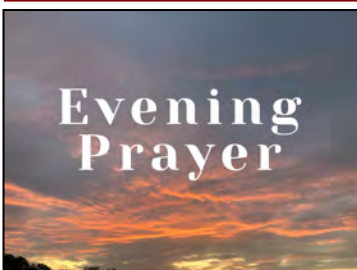


The EPISCOPAL CHURCH in CENTRAL PENNSYLVANIA

<https://diocesepca.org/>

<https://www.youtube.com/watch?v=z9HS4TUu5rM>

Sunday Evening Prayer



Sunday Evening Prayer, at 7:00 PM:

drutledge1225@gmail.com

We use the 1979 *Book of Common Prayer* and the readings for the Sunday Lectionary. It is a quiet service and a good way to end the weekend and prepare for the week to come. :

Sunday Evening Prayer@ 7:00pm
Join Zoom Meeting

<https://us06web.zoom.us/j/84700614072>

Meeting ID: 847 0061 4072

Anyone interested can send me an email to be put on an email distribution list:

Passcode: SunEP



**WE ARE IN THE FINAL WEEK OF OUR FALL FUNDRAISER!
HELP US REACH OUR FUNDRAISING GOAL OF \$7,000 BY
PURCHASING TICKETS IN THIS FINAL WEEK!**

**42 BEAUTIFUL AND UNIQUELY CRAFTED BASKETS MAKE A
WONDERFUL GIFT FOR YOURSELF OR FOR SOMEONE WHO NEEDS A
LITTLE LOVE!**

**THAT IS SHARING THE FRUIT OF THE SPIRIT WITH ONE ANOTHER
AND IN SUPPORT OF THE MINISTRY AND MISSION
OF ST. EDWARD'S!**

Basket Raffle Ticket Bundles:

\$25/15 tickets

\$55/40 tickets

\$75/55 tickets



**October 12th at 4:00 PM - Dinner! Trivia! Fun! Prizes!
Chance to buy raffle tickets!
\$15/pp (Kids are free)**



A Community Event For All!!!

Please join us with your best Trunk or Treat decorated
car and candy as we host our

Third Annual St. Edward's Trunk or Treat

Friday, October 25th 6 PM - 7 PM



We will also need volunteers to set-up, host, and break
down this community event. Sign-up sheets are in the
narthex beginning October 1st!

In Loving Memory of Sam Fleming



2015 Pentecost Sunday



2008 Sam Fleming, Joan & Charles Lentz, Arch & Dolly Cross, Troy & Cynthia Crockett

by Joyce Kamm

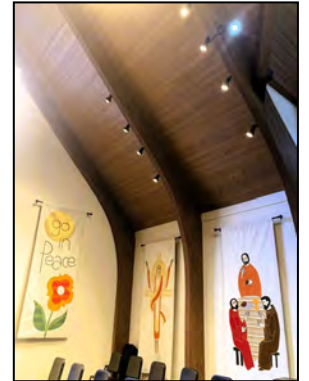
Sam and I lived in the same apartment complex in downtown Lancaster for five years until I moved out of the city to be closer to work. As Father Rick already said one Sunday, Sam loved to put puzzles together. What intrigued me was his patience in building very complicated 3-dimensional puzzles....very much like putting a model together. I can still see several on top of his kitchen wall cabinets. He also had them on every wall in his apartment. It was like a museum.



A puzzle Sam did and gave to Fr. Rick



At the 40th anniversary of St. Edward's in 2021



The Choir lighting was a gift from Sam



We would also share pizza together at times. Sam would call and ask if I wanted to split a pizza. Because I don't like to cook, I never said no. Sometimes we ate together, other times I knocked and left it outside his door. We would often run into each other on the community deck. As often happens as we age, we repeat the same stories of our past over and over. With grace we learn to listen to one another.

You will be missed, Sam.



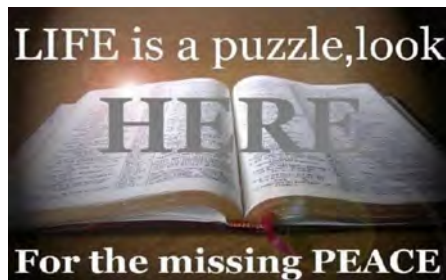
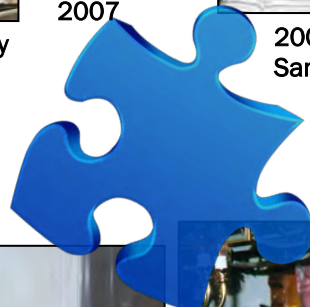
2020 Sam and Sally Lederer at a Fellowship Meal



2007



2006 Elizabeth and Tony Watts Sam and Jo Ann Kerst



2007 Carl Cotnoir and Sam at Moveable Feast



Sam, Elaine Radcliffe and June Roberts

Needle Arts

The Needle Arts Ministry meets Tuesday at 1 PM in the lounge area.

Members of this group, plus volunteer crafters, work all year to create a variety of items for the cookie/craft sale. They also make items such as prayer shawls and baptism blankets, as well as hats and scarves to be donated to any in need.

All are invited to be a part of this enjoyable and productive group. Yarn, patterns and "expert assistance" are available, so you do not need to have a project started to join in the fun.

Remember, everyone's always welcome to pop up at a Needle Arts meeting on Tuesdays at 1 PM in the lounge. No reservations required-just bring your sense of humor with you.



Candy Bar snowmen



Donna Holwager's Christmas quilt receiving finishing touches

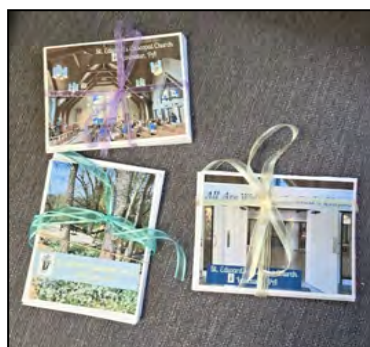
Craft Sale Items



Cat Toys



Knitted Hats



Note cards with pictures of St. Edward's by Mary Snyder



Post-it Note pads

Taizé Worship



Saint Luke Episcopal
209 South Market St.
Mount Joy, PA.
The first Saturday of every month @ 5pm.

Interested in experiencing meditative worship with candlelight, chanting with live musicians (harp, piano, flute, guitar), scripture interspersed with short periods of silence? Join us as Br. David Rutledge, Br. A. J. Robins or The Rev. Martha Harris lead worship.

Upcoming musicians:
October 5 - William Wright
November 2 - Rev. Catherine Williams
December 7 - Beth Warren

Saturday Eve Mass

Saint James Episcopal Church
Lancaster

Presented once a month, these masses offer something new and surprising to inspire and challenge you in your faith journey. A broad array of live music features favorite artists from the past, contemporary artists and contemplative themes while being integrated into traditional Episcopal liturgy.

October 12th *The Carpenters*

with Bailey Fuiginiti



Saturday Eve Mass



340 Locust Street
Columbia, PA 17512

St. Paul Episcopal,
340 Locust St., Columbia

Rev. Martha Harris conducts a Saturday evening eucharist at 5 PM one Saturday each month. Dates for upcoming Saturday evening services are:

- ✦ October 12
- ✦ November 16



Lunch With the Chosen



Hosted by Father Rick and Blair Lord

The previous season of Lunch with The Chosen came to a close this past June. And what a

close—with an open door and a word of invitation.

Our June viewing launched us into the first episode of season 3, “Homecoming.” While the last episode of season 2 left us in anticipation of the Sermon on the Mount, this time we got to watch Jesus in action as he delivered memorable portions of it. As he did, some of his disciples reflected on these words and began to take steps to put their rabbi’s teaching into practice.

A moment especially worth noting came through Matthew, who tried to apply Jesus’s wisdom by reconciling with his parents. The episode opened with him being disowned by his father. When he returned home after the sermon, he knocked, and his father opened the door. He called his father by name instead of “Abba.” His father called him, “Son.”

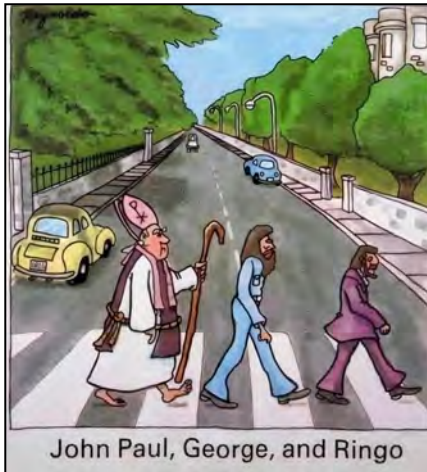
As one of our viewers put it, “I’m going to take that with me to reflect on over

the summer.”

Lunch with The Chosen will return on the first Sunday of each month, beginning with **Sunday, October 6th** and followed by **Sunday Nov. 4th**.

If you would like to catch up on seasons 1 and 2, you can access *The Chosen* for free at this link: new.thechosen.tv

You can also download The Chosen App to your Amazon FireTV, Apple TV, or Roku, and on your phone from the Apple Store or Google Play Store. It is available for streaming on Netflix, Amazon Prime, and Peacock.



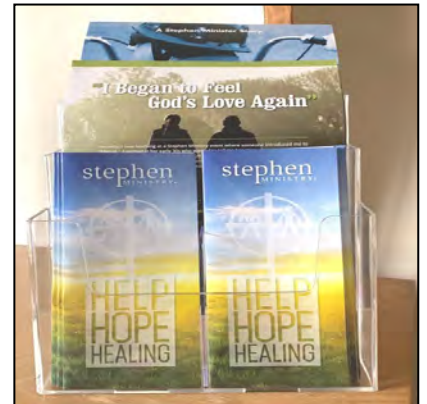
John Paul, George, and Ringo

Stephen Ministry



Our *Stephen Ministry* program is a confidential and prayerful resource to support those in need during the challenging times we encounter in

our personal lives. If you could benefit from the confidential, one-to-one care of a Stephen Minister, please contact our Pastor Care Coordinator, Peggy Hanzelman at phanzelman@comcast or 717-390-4944. There are brochures in our narthex and in our sanctuary pews. Our Stephen Ministers are also identified by special name tags at our Sunday worship.



Brochures are available in the Parish Hall and also in the sanctuary pews.

St. Edward the Confessor Feast Day



On Sunday, October 13th, we remember the Feast Day of our patron saint, Saint Edward. When we were building our parish home, it was our parish youth who chose St. Edward the Confessor.

Edward was the last Anglo-Saxon king of England. He re-founded Westminster Abby in the 11th century and was known for his piety and charitable works. The name of the parish, therefore, reflects a commitment on the part of the people of St. Edward’s to foster a multi-generational community that reaches out to serve others. We, the members of St. Edward’s, are church builders!



Jill and Larry Bell Visit



Larry and Jill Bell made a short visit to St. Edward’s the last week of September. They had an enjoyable lunch at the Blue Collar with L. to R. Irene Achey, Mac Miller, Michelle Bentley, and Sue and Tony Bianco. We all enjoyed being able to visit with them.



HEMPFIELD AREA FOOD PANTRY

Thank you for the 350 pounds of food donated in August

The pantry served 483 children, 837 adults, 365 seniors, for a total 1,685 people served in August!

Current requests

- Cereal
- Large peanut butter
- Large jelly
- Spaghetti stick
- Macaroni
- Other pastas
- Large canned spaghetti sauce
- Regular size canned spaghetti sauce

The mission of the Hempfield Area Food Pantry is to show the underserved the gracious love of God by feeding the body, mind and soul of it's clients with dignity!

The pantry is open on Mondays and Wednesdays from 10 am to 1 pm



Books for Prisoners	Now thru mid-Dec. 2024
First Reformed Dinner	Tuesday Oct 22
United Thank Offering	Nov 3 - 24
Turkey Drive	Nov 10 - 17
Jesse Tree	Mid-November thru early Dec.
Soles for Souls	March 5 - April 13, 2025
Feed My Starving Children	March 27-30, 2025
Race Against Racism	April 2025
Blood Drive	May 2025

Collection of food for the Hempfield Food Pantry in the narthex is ongoing.

Community Aid News

Community Aid has expanded the payouts to partner organizations for donated items!!! Below is a list of items you can bring to Community Aid, mentioning they are for St. Edward's Episcopal Church (**Our Partner Number is 40036**). We will receive credit for quarterly payouts that assist our Faith-in-Action ministry. Community Aid has always accepted these items, but in the past, they did not give credit to partner organizations for electronics, toys, and household goods.

Clothing	Electronics
Shoes	Toys
Accessories	Household goods



A New FIA Outreach Tuesday, October 22

Join us in supporting the homeless with First Reformed Church, downtown Lancaster, by helping to supply a homecooked meal. A sign-up sheet for all the options listed below, and a can to receive monetary donations of any size, is located in the narthex. Here are some ways you can support this community outreach. We anticipate planning to serve 100-150 people:

(1) Donate funds - just place your check (made payable to St. Edward's with memo line "FIA October meal") or cash in the donation can in the narthex by October 20th.

(2) Bake a Meat or Vegetarian Ziti for 8 and deliver it to St. Edward's by October 20th (sign up, please on clipboard in narthex). Please use a disposable pan. Check with the parish office first as we plan to go to BJs this week and purchase a batch of same size pans and foil sheets so that we can heat and transport efficiently. We will provide these supplies to all of our Ziti bakers. Please stop by the kitchen on a Sunday to pick up your pan.

(3) Bake a dozen cookies of ANY KIND (no nuts, please). Label and deliver in a disposable container or plate (wrapped for freshness) by October 20th.



Books For Prisoners Requested Now Thru Mid-December

There is a limited collection period this time so please help fill our bookshelves. As stated by one prisoner, “Books are an outlet, a way for us to keep our minds free.”

Thank you for your support of this important ministry. See books below:



- **Healing from Codependency: A Devotional with Prayers and Practices for Healthy Boundaries**—Wendy Lehnertz
- **The Esther Anointing: Becoming a Woman of Prayer, Courage, and Influence**—Michelle McClain Walters
- **The Ruth Anointing: Becoming a Woman of Faith, Virtue, and Destiny**—Michelle McClain Walters
- **Woman Evolve: Break Up with Your Fears and Revolutionize Your Life**—Sarah Jakes Roberts
- **Healing Neen** -Tonier Cain
- **Save Me from Myself: How I Found God, Quit Korn, Kicked Drugs, and Lived to Tell My Story**—Brian Welch
- **The Big Hussle**—Jim Walberg
- **Washed by Blood: Lessons from My Time with Korn and My Journey to Christ**—Brian Welch

Please shop at your favorite bookstore or online at:

https://www.amazon.com/hz/wishlist/ls/K6N2OXW5AFVE?ref=list_d_wl_lfu_nav_3

Prison Ministry Prayer Opportunities At St. Edward's

Prayers for incarcerated relatives of parishioners:

Joey (nephew of parishioner)

Saskita (niece of parishioner)

Father Rick, Chaplain & Music Ministry at Lancaster Country Prison

Randy Westgate, Music Ministry and Leader of Celebrate Recovery at LCP.

Prayers for our incarcerated brothers and sisters in the world.

Need for Space



We have been looking for a house that could fit the Rahim family comfortably or at least not as tightly packed as they are currently. With 3 adult children coming to the United States, we are hoping that someone that has any knowledge of a property that could house such a large family would come forth and talk to either Randy Westgate or Beth Lynch

Be Patient And Accepting Of Whatever Is Happening In Your Life Right Now. There Will Be Meaning.



UTO Thanksgiving Campaign Nov. 3—24



Last year St. Edward's parishioners donated \$249.50 to the United Thank Offering Ingathering. 100% of your gift supported water projects. We will begin the UTO Thanksgiving campaign on November 3 and hold the Ingathering on November 24

Turkey Drive Coming November 10-17



Watch for details in the November edition of the Scepter.



Turkeys arrive at the Food Pantry 2023

St. Teresa of Avila

We are incomparably stupid when we do not strive to know who we are. Seldom do we consider the precious things that can be found in the soul. Or who dwells in it or its high value...the soul is capable of much more than we can imagine.

Have You Ever Heard Of Spiritual Bypassing?

Spiritual bypass or spiritual bypassing is a "tendency to use spiritual ideas and practices to sidestep or avoid facing unresolved emotional issues, psychological wounds, and unfinished developmental tasks". Spiritual bypassing is a term introduced in mid 1980s, by Buddhist teacher and psychotherapist, John Welwood.

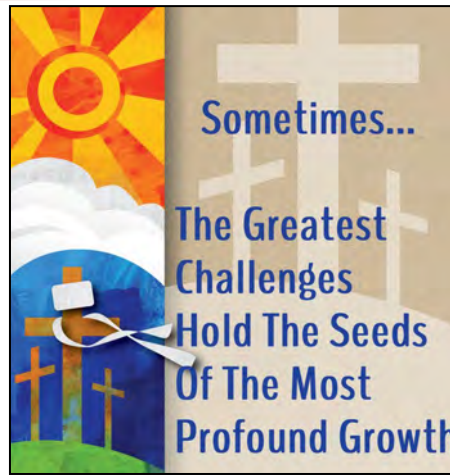
Prayer by St. Teresa of Avila

Christ has no body but yours.
No hands, no feet on earth but yours.
Yours are the eyes
With which He looks with compassion on this world.
Yours are the feet
With which He walks to do good,
Yours are the hands
With which he blesses all the world.
Yours are the hands
Yours are the feet
Yours are the eyes
You are His body
Christ has no body now on earth but
Yours.

The Pomegranate



The pomegranate is used as a symbol of the power of Christ and his Resurrection because of **the many seeds** that burst forth from the fruit. **These seeds** represent the many believers who follow Christ. They also represent the magnificence of divine grace and the fertility of the Word.



Allowing Problems To Seed New Growth

by Kristine Carlson

Problems often carry with them the seeds of personal growth and empowerment. There are numerous gifts and small treasures to be found as you face a seemingly insurmountable life challenge. No matter how overwhelming a problem may seem, climb these mountains one step at a time, slow and steady, and you will suddenly reach the top with a new understanding of your own innate strength to overcome. Knowing this in advance will then transform your relationship to both small problems and life changing ones. You will see each problem as a possibility and opportunity for greater awakening and a seed of new growth. Problems and suffering are not to be feared for each of us has within us a well of wisdom to fill our cup and to comfort and guide us back on the path of love to healing.



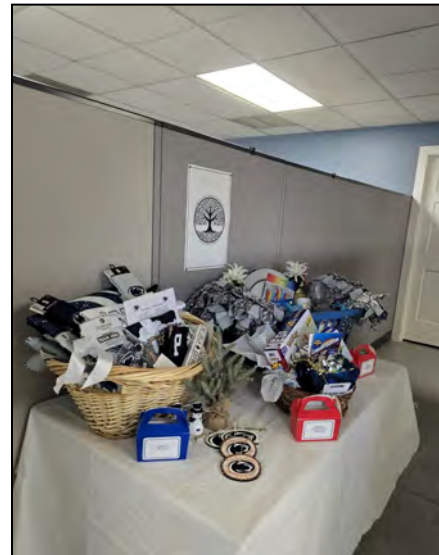
Formation Of A New Ministry

It has come to our attention that there are quite a few fellow parishioners who would love the opportunity to join us IN PERSON for worship on Sundays, but have no means to get to church. We are very proud of our digital ministry and all that it offers to folks at home, in travel mode, or exploring our spiritual home online. We also know that it is welcoming, nurturing, transformative, and tactile to have the opportunity to sit in the pews and experience our worship in-person. We want to make certain we can offer that opportunity to folks who have a longing to be here and are in need a ride. We will be fashioning this ministry in a similar manner to how we manage our EM, Lector, Usher/Greeter, Coffee Hour, and Altar Guild ministries - with a set rotation each month ensuring reliability and stability in the promises we make to serve others in need in our parish family.

TO THAT END: If you are willing to add your name to the schedule to be a driver, please contact the parish office. If you **NEED A RIDE**, please contact the parish office. Please give us a few weeks to coordinate number of needs with availability and we will forge ahead with a schedule! Time is a bit of the essence as we would like this to be in place by mid-October, so please reach out to us at your earliest convenience!



Visit the Parish Hall to View the Baskets



Baskets are in the hall and in the room at the back of the Education Wing

The catalogue of baskets is available online at:

https://sainteds.org/wp-content/uploads/2024/09/2024Fundraiser-Program_Catalog_091024.pdf

Contemplative Citizenship Prayer Series at St. James Lancaster



hear as a podcast.

<https://www.saintjameslancaster.org/about/podcasts-from-saint-james-the-urban-well/>

Tuesday, October 1 at 7:00 PM in the chapel and running through November 5th, each session presents a democracy-strengthening idea or practice that can be implemented in our own way, regardless of our political perspective. This is a free series; bring a friend!

Let us know if you'll be attending. [Click here to register.](#)

October 1: The trouble with understanding | The Lord's prayer

October 8: The need for theology | Breath prayer

October 15: The reality of sin | The Jesus

prayer

October 22: The stability of hope | Mantra prayer

October 29: The strength of compassion | Metta prayer



Fr. David Peck

Reflections, prayer practices and conversations to help us hold convictions and reduce divisions.

Each session stands alone with a 15-minute talk on how we can, as Christians, build more personal and national unity in a time of entrenched political division and anxiety. A prayer practice follows, and each session concludes with our reflections together. The talks will also be available to

BCP p 818

O God the Father of our Lord Jesus Christ, our only Savior, the Prince of Peace: Give us grace seriously to lay to heart the great dangers we are in by our unhappy divisions; take away all hatred and prejudice, and whatever else may hinder us from godly union and concord; that, as there is but one Body and one Spirit, one hope of our calling, one Lord, one Faith, one Baptism, one God and Father of us all, so we may be all of one heart and of one soul, united in one holy bond of truth and peace, of faith and charity, and may with one mind and one mouth glorify thee; through Jesus Christ our Lord. Amen.

BETTER TOGETHER

*Balancing life,
caregiving,
and living well*



ST. EDWARD'S
EPISCOPAL
CHURCH



SEMINAR HIGHLIGHTS

- LET'S TALK CAREGIVING!
- LEARNING TO CARE
- YOU'RE NOT ALONE
- THRIVING TOGETHER
- WALK WITH A PLAN
- TAKING CARE OF YOU!
- THE EMPOWERED CAREGIVER
- TOOLKIT FOR CAREGIVERS
- QUESTION & ANSWER SESSION
- REFRESHMENTS

Saturday, October 26th

1:00 PM - 4:00 PM

**St. Edward's Episcopal Church
2453 Harrisburg Pike | Lancaster, PA 17601**

All of us know someone, maybe it is ourselves, who are functioning in a capacity of de-facto non-professional caregivers to their family, friends, new acquaintances, and fellow parishioners.

This **FREE SEMINAR** is for you! **Click below to reserve your spot!**
EVENTBRITE REGISTRATION CLICK HERE

Join us, as we feature guest speakers from Samaritan Counseling Center, to guide us, and empower us, with useful and actionable tools and pathways for a journey of graceful caregiving, leading with love, through the seasons of our lives.



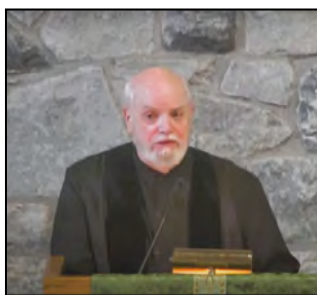
St. Edward's Episcopal Church | 2453 Harrisburg Pike | Lancaster, PA 17601 | sainteds.org FOR MORE INFORMATION, CONTACT MICHELLE BENTLEY 717.898.6276
PLEASE CLICK HERE TO RESERVE YOUR SPOT AT THIS FREE SEMINAR. Or you can contact the number above or email: stedsoffice@comcast.net

Services in September

Pictures by Mary Snyder and from live stream



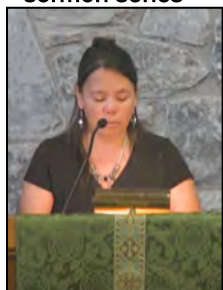
Fr. Rick's Book of James sermon series



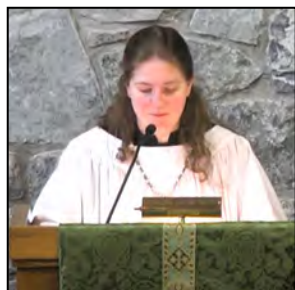
Bob Mosebach



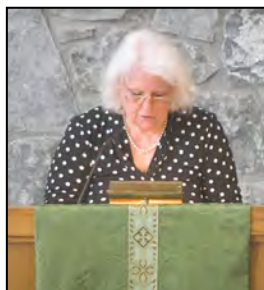
Announcements



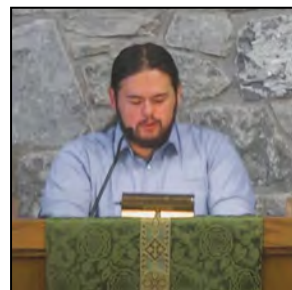
Beth Hake



Blair Lord



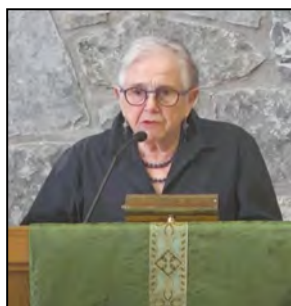
Jeannie Mosebach



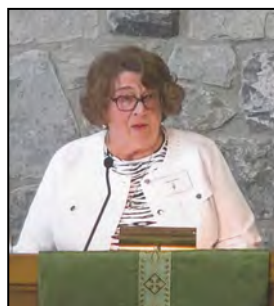
Seth Hake



Jay Miller



Kathy Spencer



Linda Jones



Peter Weber

Worship
SERVICES



Communion



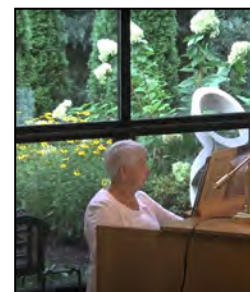
The Eucharist - Fr. Rick and Deborah Fast



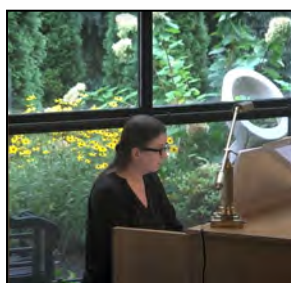
Fr. Rick, Vanessa Helsel and Bob Mosebach



Recessional



Donna Burkholder



Karen Waddill



The Choir



Processional



It's wonderful to have them back



2453 Harrisburg Pike

Lancaster, PA 17601

Phone 717-898-6276

Email: stedsoffice@comcast.net

www.sainteds.org



The series of talks with Fr. Rick and Randy Westgate continue with the 5th video of the series. You can view this interesting discussion of points made in the recent series of sermons about the letter of James.

<https://www.youtube.com/watch?v=JoCEN6DtSus>

LOOK FOR US ON THE WEB!
www.sainteds.org

Staff

The Rev. Dr. Rick Bauer,
Rector

Michelle Bentley, Parish
Administrative Assistant

Karen E. Waddill,
Director of Worship Music

Parish Office Hours

Tuesday-Friday:
11AM – 4:00PM

Vestry (year term ends)

- ✦ Mike Freshwater(2027)
Vestry Clerk
- ✦ Richard Irons (2025)
- ✦ Ethel Lawrence (2027)
- ✦ Blair Lord (2026)
Vestry Clerk
- ✦ Beth Lynch (2025)
Senior Warden
- ✦ Jay Miller (2026)
Junior Warden
- ✦ Bob Mosebach (2026)
- ✦ Mary Snyder (2025)
- ✦ Kathy Spencer (2027)

Worship Services

Sunday Services

8:00 a.m. Holy Eucharist Rite I (said)

10:00 a.m. Holy Eucharist Rite II

Wednesday

12 Noon: Contemplative Eucharist,
Meditation, and Healing Prayer

[HTTPS://SAINTEDS.ORG/](https://sainteds.org/)

