

June 2025



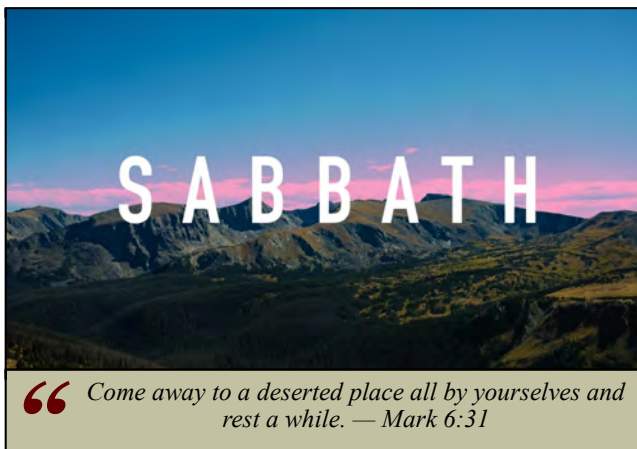
ST. EDWARD'S EPISCOPAL CHURCH

Scepter



Reflection From the Rector's Desk

By The Rev. Dr. Richard C. Bauer



As we look toward the summer as a parish family, I'm excited to have been granted, by our bishop and vestry, a short season of renewal for creative endeavors and travel. Though specifically tailored to fit our congregations needs, this clergy sabbatical will offer us chances to hear from other voices at our pulpit on Sunday mornings and increase opportunities for ministry engagement among our highly capable corps of lay leaders. From mid-June through the final week in August, I'll be spending most days in the office working on a book project (instead of writing sermons or engaging parish/diocesan business) and will look to invest intentional time with my sons, while reacquainting myself with recording original music. And while I

will not be 'away' in the strictest sense of the term for most of the summer, I will strive to honor the practical and theological basis for clergy sabbatical. Because in today's fast-paced, always-on world, the call to rest can feel countercultural—even within the Church. Yet for clergy in the Episcopal tradition, the practice of sabbatical is a deeply spiritual, life-giving rhythm rooted in Scripture, theology, and pastoral care. And though not required by canon law, sabbaticals are recognized as essential for clergy wellness, vocational renewal, and congregational flourishing. So, what does the Episcopal Church say about sabbaticals—and why do they matter?

The Constitution and Canons of the Episcopal Church do not mandate sabbaticals

for clergy. However, they lay the groundwork for practices that support clergy health and vitality. The key canonical references include:

- Canon III.9.6 (Rectors): Outlines rector and vestry responsibilities.
- Canon III.12.4 (Bishops): Allows for time away with consent.
- Canon III.24 (Clergy Discipline): Emphasizes clergy well-being as vital to healthy ministry.

In practice, Letters of Agreement (LOAs) between clergy and congregations are where sabbatical provisions are typically defined. Most dioceses recommend that clergy become eligible for a sabbatical after five to seven years of continuous service. Typical sabbaticals range from three to six months, offering time for spiritual renewal, academic study, creative pursuits, and deep rest. The Church Pension Fund (CPF) supports this practice by encouraging sabbaticals in compensation agreements and offering guidance, though it does not directly provide funding.

While canon law may be silent, Scripture and tradition speak volumes. Sabbatical leave is not simply a perk of the job—it is a theological practice deeply rooted in the life of God and the

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Special points of interest:

- • *Worship services and Parish hours are on the back cover of the Scepter*
- • *Staff and Vestry Members are listed on the back cover of the Scepter*

Reflection

vocation of ministry. The idea of sabbatical comes from the Sabbath commandment—a divine directive to rest, to cease from labor, and to trust in God's provision. In Leviticus 25, our story tells us: that God institutes the Sabbatical Year every seven years, and the Year of Jubilee every fifty. These rhythms of rest were meant to restore balance, renew the land, and liberate God's people from exhaustion and debt. And for clergy, the sabbatical is a modern expression of this ancient wisdom. It honors the belief that ministry, like farming, is a seasonally demanding calling...one that requires intentional restoration to remain fruitful.

Digging further, we readily recognize that the Gospels show Jesus often withdrawing to quiet places to pray and rest (Luke 5:16). Before major decisions or after intense ministry, Jesus models the spiritual necessity of stepping away in order to re-engage with clarity and compassion. In Mark 6:31, Jesus says to the disciples, "Come away... and rest." And so it is: that sabbaticals provide modern clergy with this same opportunity—to listen deeply to God, re-center their lives, and return refreshed for service. Given the robust theology behind sabbatical, we're invited to consider, together, that clergy are not just leaders—but are also sacramental signs of Christ's presence. Indeed, this incarnational vocation requires deep personal grounding, spiritual resilience, and ongoing formation. And so, sabbaticals allow clergy to recover their identity as beloved children of God, beyond the demands of parish life. And by stepping back, the hope of sabbatical is that: clergy live more deeply into the theology of 'being before doing,' a vital corrective in a performance-driven culture. Because, after all, ordained ministry is not a job—it is a lifelong vocation. And like any calling, it

must be stewarded. When navigated well, therefore, sabbaticals provide time for clergy to care for their souls, deepen their study, and reimagine their ministry in fresh ways.

But sabbaticals are not just intended for the benefit of clergy. When a priest takes a sabbatical, the congregation is invited into its own time of growth and reflection. Lay leaders often step up in new ways. Guest preachers and teachers bring fresh perspectives. The community is reminded that the Church is not built around one personality but is the Body of Christ with many members. In this way, well-structured sabbaticals often strengthen the shared ministry of the whole church. And part of how this works comes through in the mutual agreements undergirding these seasons: forged between vestries, clergy, and bishops. Indeed, sabbaticals help to facilitate congregational flourishing through the covenant of trust: that assures both clergy and parishioners of ongoing stability and continuity of leadership for the parish. Clergy don't look for other jobs during these times of rest and renewal. Instead, they step away so that they may return to the community, reinvigorated and for the mutual ministry ahead.

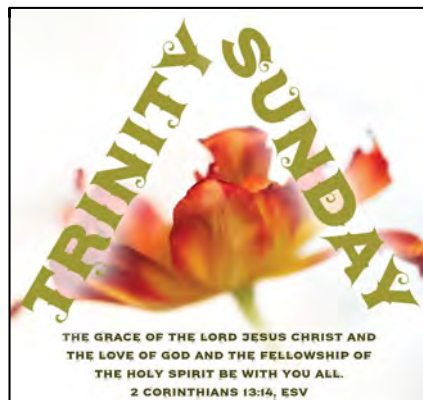
Reflecting on the spirit of the season, I'm humbly reminded that sabbaticals are not luxuries. They are part of a sustainable, faithful pattern of ministry. Although I feel that it is important to remain available for the life and death intersections navigated in our parish family throughout the summer, and while I do not believe that it suits our congregation for me to take a full and lengthy break, I will be faithful to the spirit of this sabbatical call: to find 'myself' again. Because as the Episcopal Church continues to support clergy health and long-term vocation, sabbaticals repre-

sent one of the most practical and spiritually grounded investments we can make. They honor the divine rhythm of work and rest, affirm that clergy are not machines but ministers of the Spirit, and remind us all: that even Jesus paused to pray, to breathe, and to renew his soul. And so, friends, as we look toward a season of "Rector's Reset" here at St. Edward's, may we have the courage and wisdom to do the same. I thank all of you for your loving support and ongoing prayer. Humbly,

Rick+



Sunday June 8th



Sunday June 15th

Parish Office Hours

Tuesday- Friday:
11:00 – 4:00PM

Parish Administrator
Michelle Bentley

Scepter Production Staff

H. J. "Mac" Miller
hj_miller@outlook.com

Joyce Kamm
kammjel@gmail.com

Photos by:
Mary Snyder
starleo1328@yahoo.com

If you're the last person to leave the building following Sunday services or an event, please take the time to make sure all the lights are turned off (including the rest rooms) the thermostat is reset and the doors are locked.



By Michelle Bentley Notes from our St. Edward's Vestry

On May 18th vestry held their monthly meeting. The vestry meetings always follow an agenda that defines the designated topics for review pertaining to the business of our spiritual home. Our meetings capture what is happening in our short-term view, while we also present and vision longer-term goals that we allow to percolate over time, giving the leadership body time for reflection and discernment before revisiting at future meetings for consideration and potential implementation. Each meeting is contained within a two-hour time frame.

While it sounds like a typical “business meeting”, and in many respects, we do “get down to business” reviewing and approving the minutes and financials from the prior month and listening to reports from the Rector and the Administrator, what is so empowering in each of these meetings is the open and honest collaborative discussions that our vestry engages in. It is pastoral, it is inclusive in honoring other vestry member perspectives, it is interesting, it is serious, and frankly each meeting does have an element of laughter

and levity that feels important in building trust and robust community spirit that is essential for growth.

What is unique about our vestry is that each member is connected to at least one of our ministry groups, through personal participation or through liaison representatives they are in regular communication with. It is through the pastoral nature, the diversity of experience and perspectives, and the spiritual insights that Father Rick and each vestry member brings to these important decision-making sessions that enable our vestry to help sustain us, in our mission as a community of faith, with considerate and discerning hearts and minds. For the May meeting we covered topics ranging from new Diocesan Guidelines for Safe Church Compliance for all our vestry members, keyholders, and ministry leaders and summer fundraisers to Father Rick's sabbatical and ministry updates.

Here are some highlights:

Our summer fundraisers are off to a great start with our \$10k Fiscal Fitness Extra Give on track to reach 60% of our total goal leading into June.

Our 1st Annual Yard Sale is receiving good attention with volunteers and merchandise to help us achieve our goal of \$2,500.

Our vestry members will be working to comply with all the Safe Church training and background check protocols by the Diocesan deadline of August 31st.

Ministry updates: Coffee House Band is on hiatus until October. The Chosen is on hiatus until October. Other ministries will stay active throughout the summer.

Vestry approved our lawn care specialist to complete our spring refresh for the entire campus.

Our parish members continue to be very engaged with our in-person and online worship, spiritual formation offerings, FIA

and fellowship ministries, as well as stewardship and robustly supporting our fundraisers.

Our financial health is strong through the first 4 months of 2025 with a net income of \$14,905.38 as we stay very attentive to stewarding our resources with great care to ensure we protect the successful conservative approach our finance committee is guiding us with.

We will keep Father Rick in our prayers as he embarks on his sabbatical time. It is our hope that his time for rest, renewal, refreshment, creative exploration, and time with Ricky and Christian is good for his mind, body, and soul.



“Live in the world as if only God and your soul were in it; then your heart will never be made captive by any earthly thing.”
—John of the Cross

Military News

Please keep in your prayers those close to us who are serving in the military.

★Richard Mutari
★Tyler Trimble

Please advise Michelle Bentley in the Parish office or HJ Miller@Outlook.com if these should remain on our list:

★Justin Carnahan
★Brandon Fox
★Gordon Frankenfield
★Matt Fuhrman
★Jack Hawk
★Drew Johnson
★William Justice
★Anthony Koser
★Alex Kube
★John Lewis

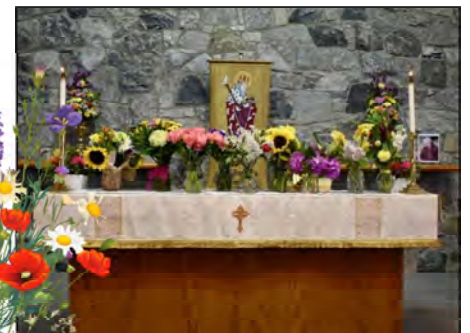
★David Peck
★Capt. Andrew Pfeiffer
★Mike Spurr
★David Sternberg
★Clayton Tennies
★Connor Tennes
★Evan Westgate
★Seamas Whitesel
★1st Lt. Thomas Whitesel



Mike Cardillo, Tony and Dina Cerase, Buddy Yeager

Wedding

Pictures by Mary Snyder, Irene Achey, and Mac Miller





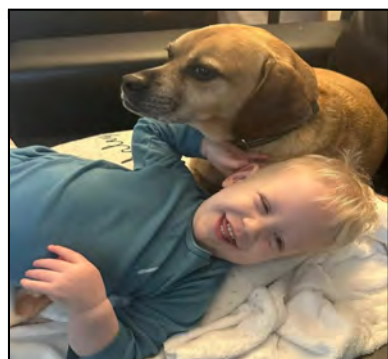
Richard and Gail Irons: Grandparents Day—3rd grade with Liam & Torin



Emma and Sadie turn five!!!



Joyce Kamm's great grandchildren. 3-week-old Penelope Rintz and 17-month-old, Ollie Rintz, with Kelso



Mike's grandchildren

IN MY FATHER'S FOOTSTEPS

Make this keepsake to express love for your dad or another special man this Father's Day.

What you need:

- White construction paper (11" x 13" sheet)
- Pencil
- Black permanent marker
- Crayons or paint

What you do:

1. In the center of the paper, trace your foot in pencil. Darken the outline with marker.
2. Color or paint the footprint. Let it dry.
3. Trace your father's foot (same side) on top of your footprint (with yours in the middle of his).
4. Color or paint his footprint. Let it dry.
5. Sign your names and the date at the bottom.

PUZZLE

FATHERS OF FAITH

Fathers do amazing things for their families, but the greatest gift our dads can share with us is their faith in God. Complete this puzzle to read Isaiah's advice to fathers.

Directions: Working left to right, first write down all the 1's in the word blanks. Continue with the 2's and finally the 3's.

| | | | |
|---------------|-------------------|------------|-------------|
| 1 The | 2 as | 3 tell | 1 living |
| 2 I | 3 their | 1 the | 2 am |
| 3 children | 1 living | 2 doing | 3 about |
| 1 they | 2 today | 3 your | 1 praise |
| 2 parents | 3 faithfulness | 1 you | |

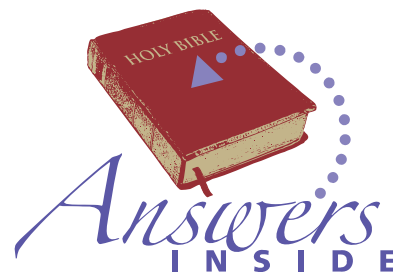
Isaiah 38:19, NIV



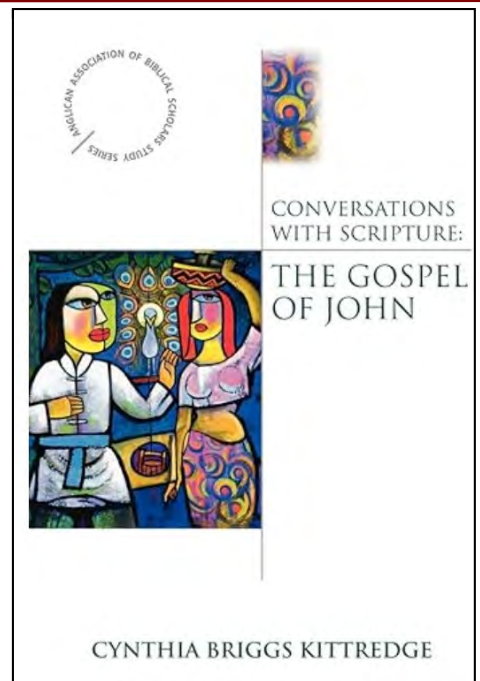
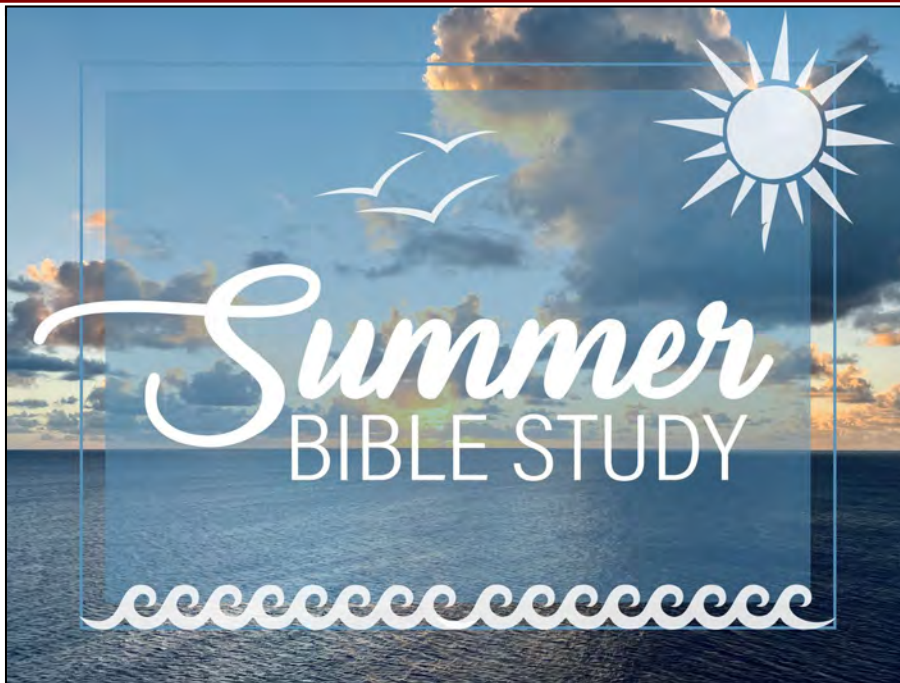
Bible Quiz

Who said to the prophet Nathan, "I have sinned against the LORD"?

- A. Reuben, for selling Joseph into slavery
- B. Jacob, for deceiving Isaac and stealing his brother's birthright
- C. Rahab, a prostitute
- D. David, considered Israel's greatest king



Answer: D (See 2 Samuel 12:13.)



A scholarly evaluation of the fourth Gospel and Johannine community.

For contemporary Christians, John's Gospel is a paradox. On the one hand, it stresses boundaries: "No one comes to the Father except through me."

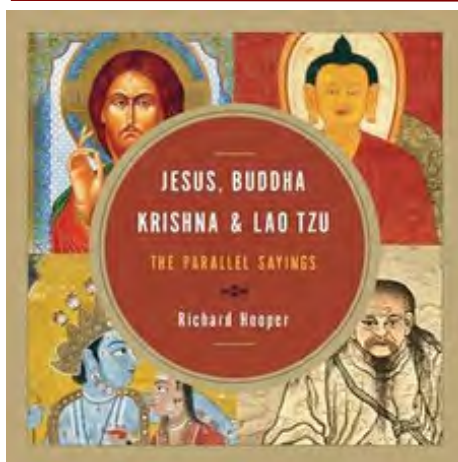
But on the other hand, it's all about community: "I have no longer called you servant, but friends."

Conversations with Scripture: The Gospel of John encourages readers to draw out the tensions between these two perspectives for an open, inclusive reading of this difficult Gospel—and to find in it reaching meaning for their lives. With a study guide that includes thoughtful, challenging questions for reflection and discussion, this is an ideal resource for individual and parish study.



Join the zoom group Wednesday
Evenings from 6:30 to 8:00 PM

Lunch and Learn



By Michelle Bentley

Join us Fridays at 12 noon via Zoom.
Links are in Monday email.

This book continues to be a fantastic exploration and discussion.

Here are some words from the book descriptor on Amazon and from the

book jacket:

In this fascinating volume, theologian and philosopher Richard Hooper reveals the common spiritual threads of the world's great religious traditions.

Hooper organizes hundreds of sayings attributed to Jesus, Buddha, Krishna and Lao Tzu thematically and assembles these parallel sayings into four columns for easy reference. Culled from more than fifty ancient Christian, Buddhist, Hindu and Taoist texts, *Jesus, Buddha, Krishna, and Lao Tzu* includes topics such as, "The Great Way," "Suffering," and more.

Each topic includes an insightful introduction that sends a powerful message that will be welcomed by all who seek the truth within, and within their own spiritual tradition.

"A much-needed journey into the minds and hearts of the great prophets of our world; academic, yet heart-filled, stimu-

lating and illuminating. . . This rare text answers many questions that others leave hanging, and touches the spirit as well as the mind." – Alan Cohen, author



Richard Hooper is a former Lutheran pastor with degrees in both theology and the philosophy of world religions. Once a nationally syndicated radio commentator on religion, Hooper is now a columnist for United Press International's web forum: ReligionandSpirituality.com, and has recently founded The Sedona Institute for Comparative Theology. His other books include *The Crucifixion of Mary Magdalene* and *The Gospel of the Unknown Jesus*. Visit him at: religionandspirituality.com

Graduations



Sadie and Emma, with mother, Elizabeth, and new puppy, Pipa, graduate from pre-school. — On to kindergarten!

Coffee Hour

**Pictures by Mary Snyder
and Meredith Aul**

Join Us for Coffee Hour By Michelle Bentley

One of the foundations of our weekly fellowship is our Sunday coffee hour. From 9 AM to 10 AM each Sunday, we offer folks a chance to gather, as one community, between the services, as well as the space we hold for our fantastic Coffee House Band to perform.

Join us at a coffee hour, sign up to serve as a coffee hour host, participate in our craft activities, or, if you hold musical gifts, contact Randy Westgate about joining the Coffee House Band.



Coffee House Band



Bob Mosebach, Mike
Freshwater

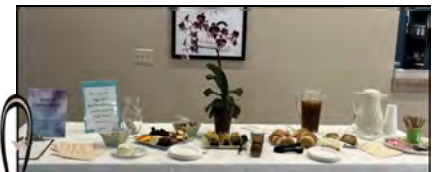


Seth and
Beth Hake



Joyce Kamm's grandson
Kyle Scheurich

Kyle, who is always color-coordinated, plays with The Challenger of Lancaster County Little League ... an adaptive baseball program for individuals with physical and intellectual challenges in Lancaster County, PA. It's a program within Little League International that provides opportunities for children and young adults to enjoy baseball regardless of their challenges. [View YouTube Video](#) of The Challengers.



Always great snacks



Women's Spirituality Group



that is very simple and comforting about gathering at the start of each month, in simple prayer, meditation, and discussion that gives us the opportunity to look inward and express what is in our hearts and minds so that we can venture with a renewed sense of faith, mission, and ministry each month. Our gatherings do not exceed 90 minutes and we offer tea, coffee, and pastries. We hope you will join us beginning in August! We are always looking for fresh voices to lead us in Morning Prayer and in discussion. Perhaps you would consider leading one of our Saturday gatherings?

By Michelle Bentley

The Women's Spirituality Group will be on hiatus until August 2nd. For those of us who have participated in this group since its inception, it has been a most fruitful experience of fellowship, prayer,

meditation, and discussion. For women who have thought about joining our group, but have yet to try it, I am here to encourage you to give it a try. What we hope for in 2025 is for a time of peaceful and thoughtful prayer and discussion as we begin each month. There is something



Sunday Prayer



Sunday Evening Prayer, at 7:00 PM:

We use the 1979 *Book of Common Prayer* and the readings for the Sunday Lectionary. It is a quiet service and a good way to end the weekend and prepare for the week to come. :

Anyone interested can send me an email to be put on an email distribution list:

drutledge1225@gmail.com

Sunday Evening Prayer@ 7:00pm
Join Zoom Meeting

<https://us06web.zoom.us/j/84700614072>

Meeting ID: 847 0061 4072

Passcode: SunEP



Wednesday Noon



Looking for a meditative complement to Sunday worship? Need a peaceful mid-week break? Join us, this summer, for our meditation and prayer series led by Bob Mosebach. While Father Rick is on sabbatical, we will engage in reflection, meditation, teaching, and prayer without Eucharist. This is a wonderful opportunity to take a "deep dive" into this ancient Christian practice and truly engage with a summer program that promises to enrich our spiritual lives.

Include your news and announcements in the next Scepter.



Due date for July/August will be:
June 20th.

Send articles and announcements to:
HJ_Miller@outlook.com

Men's Group



Saturday Men's Group: 2nd Saturday of the month from 8 AM -10 AM. **Join us for two hours of fellowship**, including Morning Prayer. Coffee and donuts will be served.



Guess Who's Coming to Dinner May 17th

By Meredith Aul

Hosts were Rick and Freda Dombach, Jay and Lori Miller, Jack and Donna Espenshade, and Beth and Bruce Lynch. I thank them all for their gracious hospitality.



Rick Dombach, Bob Mosebach, Mary Dorsey, Freda Dombach, Jeanne Mosebach, Donna Ray and Art Hagan



Top: Jack Esbenshade, Bottom: Mary Gibson, Dorris Smith, Donna Esbenshade, Vince and Barb Czepukaitis

By Rick and Freda Dombach

Our group had a great time getting to know each other better and learning a little more about our past. We had a streaker (from high school days), a soon to be grandmother, a coal analyst before retirement, a couple that met in a grocery store checkout line and a couple that met in high school.

For our meal at the Dombach's house we made a Beaufort stew, sometimes known as frogmore stew or low boil. We had a few grill burner glitches, dinner was served around 6:15pm, we met at 5:30 to get an early start on the evening.

Our house guests were, Art Hagan, Donna Ray, Mary Dorsey, Bob and Jeanne Mosebach.



By Donna Esbenshade

Doris Smith, Mary Gibson and Barb and Vince Czepukaitis were hosted by Donna and Jack Esbenshade in their home.

Between the beautiful flower arrangements and wine, food and conversation, we enjoyed each other's company and the evening together.

By Jay Miller

Lori and I hosted and had a wonderful time socializing and dining with Randy and Meredith, Mike and Deann, Karen, and Mac. We all enjoyed the appetizers, salads, vegetables, entrée and cheesecake dessert. Several of the cats were around enjoying the additional company as well. It truly was a fun evening spending time with folks that we don't always have as much time to catch up with on a Sunday morning before or after church services.



Tessa enjoyed the meal, especially the cheese cake.



Dan Sanders, Jane and Bob Young, Beth Lynch, Mark Espie

By Beth and Bruce Lynch

Guests—Mark Espie, Dan Sanders, Jane and Bob Young

Meal – Spaghetti pie, salad garlic bread, strawberry shuffle

We had a pleasant evening discussing many different topics. Dan gave us a short update on his trip to England. We reminisced about past times and the connections we had with each other such as different cities that we have in common, people that we have met at different times and jobs we've had in common. Most of all we just told stories and laughed a lot. One topic was about spiders and snakes. Dan let us know that on his recent trip to England he found a hairy spider in his hotel room sink and how he disposed of it. Plus several other people had encounters with snakes over the years. We talked about how we all met our significant other. We talked about when and if we are doing anything in the near future. Also we talked a lot about our pets past and present. Jane enjoyed telling us stories about her pet rat that she used to have. It was a very pleasant evening.



Jay Miller, Mac Miller, Karen Grant, Lori Miller, Mike Freshwater, Deann Buffington, Meredith Westgate and Randy Westgate

ST. EDWARD'S FISCAL FITNESS "EXTRA GIVE" CHALLENGE

THROUGH JUNE 29, 2025



ST. EDWARD'S PARISH YARD SALE



SATURDAY, JUNE 7, 2025 7:00 AM – 2:00 PM

FUNDRAISING GOAL: \$2,500

Needle Arts Ministry

The Needle Arts Ministry meets Tuesday at 1 PM in the lounge area.

Members of this group, plus volunteer crafters, work all year to create a variety of items for the cookie/craft sale. Proceeds from that sale support St. Edward's ministries



Members create pet toys for the craft sale, like this recently finished snuffle ball.

A "Snuffle Ball" has folds to hide treats. It's entertaining for the pet to search for the treats, and slows eating for pets that gobble treats too quickly.

This group also makes prayer shawls and baptism blankets, as well as prayer pockets, hats and scarves to be donated to any in need.

Barbara O'Brien makes baby quilts that she donates to Nurse-Family Partnership. Nurse-Family Partnership® is an evidence-based, community health program with 45 years of research showing significant improvements in the health and lives of first-time moms and their children affected by social and economic inequality. Specially educated nurses regularly visit first-time moms, starting early in the pregnancy and continuing until the child's second birthday. New babies in the program receive a quilt as part of the service.

All are invited to be a part of this enjoyable and productive group of Knit Wits and Piece Makers. Yarn, patterns and "expert assistance" are available, so you do not need to have a project started to join in the fun.

Remember, everyone's always welcome to pop up at a Needle Arts meeting on Tuesdays at 1 PM in the lounge. No reservations required—just bring your sense of humor with you.



Gloria Kacinko, Gail Irons, Barbara O'Brien and Sue Bianco getting a look at Barb's almost completed quilt to be donated to Nurse Family Partnership



A quilt, under construction, in Barb's work room. This quilt will go to a baby born to a first-time mom who has been affected by social or economic inequality.

The Backstitcher

Our church quilters were a lovely group of elderly ladies. They met each Wednesday and quilted until noon when I, as their pastor, joined them for lunch.

When I observed their love for each other and the harmony in their group, I could not help but remember the words of the old hymn: "What a fellowship, what a joy divine"

As far as I could see, they had to deal with only one problem. They had a backstitcher in their group who sewed opposite of everyone else. Dear old Mrs. Bee was the guilty party.

Others in the fellowship tried to gently show her how to quilt correctly, but she never got the hang of it. She kept right on moving the thread incorrectly.

The group loved her and never considered banning her despite her backstitching. You see, they knew she needed the group. Quilting was about the only fellowship Mrs. Bee had in her life.

The problem with her stitching was handled lovingly. After each session, the leader of the group, Mrs. Hood, gathered up the quilt, took it home, removed every backstitch and put the thread back in the right way. Mrs. Bee never knew about this act of grace.

So, who makes things right for me? And for you? —Charles Ferrell

The Ministry of Quilting and of Mending Hearts

To sew is to pray. ... We mend ... turn things inside out and set things right. We salvage what we can of human garments and piece the rest into blankets. Sometimes our stitches stutter and slow. ... Other times the tension in the stitches might be too tight because of tears, but only we know what emotion went into the making.

—Louise Erdrich, *Four Souls*

"May the graciousness of the Lord our God be upon us; prosper the work of our hands; prosper our handiwork"

Psalms 90 verse 17:





Hosted by Blair Lord

We started our journey with season 4 of *The Chosen* in May! It pulled no punches in its buildup to the execution of John the Baptist, courtesy of Herod and his family. Yet the end of John's earthly life is juxtaposed by how it begins: the promise of God's advent in the world, heralded by John. We also witnessed the relationships surrounding John: Mary and Elizabeth as they marveled at their role in the salvation narrative, followers of John like Andrew and Joanna as they grapple with John's death, and Jesus as He faces the news He knows has been bound to come yet endures it with human agony. (As we watched Jesus begin to grieve for John, we learned that *keriah* is the Hebrew term that refers to the tearing of clothes as a sign of mourning in Jewish tradition.)

While the episode still had its lighthearted and hopeful moments, the struggle with loss, grief, and questions about God's purpose in our suffering prompted much of the after-show discussion. Commentary and Scripture passages from a study guide for *The Chosen* highlighted these points as well.

We are excited to close this ministry before the summer break with episode two, "Confessions," which we will watch on **June 1st**. Jesus and His disciples will observe *shiva*, the Jewish mourning ritual, in the wake of John's death. However, it will prove to be less than conventional. The experience will also bring surprising developments for Simon and Matthew. Please feel free to join us in the parish hall at 11:45am with your bagged lunch!

If you're wondering what's coming next, lunch with *The Chosen* will take a break until **October 5th**. This will feature episode 3 of season 4, "Moon to Blood." It's a momentous episode, so mark it in your

calendars!

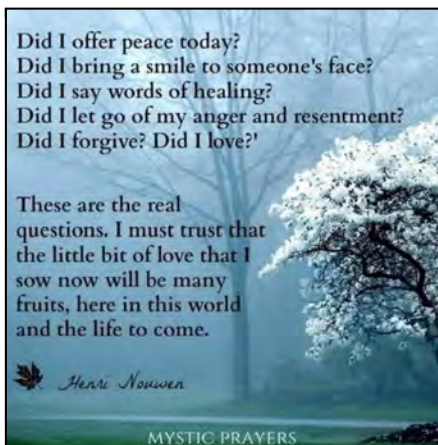
If you would like to catch up on seasons 1, 2, or 3, you can access *The Chosen* for free at thechosen.tv. You can download The Chosen App to your Amazon FireTV, Apple TV, or Roku, and on your phone from the Apple Store or Google Play Store. Additionally, the show is available for streaming on Amazon Prime.

Let me know if you have questions. Thank you!

Constant and Unchanging

Summer's arrival feels positive to many people but may not be smooth for all. Families who rely on regular school meals for their children must stretch grocery dollars further. Heat poses risks for elderly people who lack air conditioning. Work can be difficult to find in the summer months, and uncertainty looms for recent graduates. Meanwhile, concerns such as wars, natural disasters and health problems don't take a summer break.

St. Teresa of Avila (1515–1582) prayed, "May you be blessed forever, Lord, for being constant and unchanging, amidst all the changes of the world." Her prayer is as appropriate today as nearly 500 years ago. When all around us is unstable and unreliable, God's love and faithfulness are constant and trustworthy.



Saint Luke Episcopal

209 South Market St.
Mount Joy, PA.
The first Saturday of every month @ 5pm.

Interested in experiencing meditative worship with candlelight, chanting with live musicians (harp, piano, guitar), scripture interspersed with short periods of silence? Join us as Br. David Rutledge, or The Rev. Martha Harris lead worship.

Upcoming musicians

June 7 - Davie Krak, harp

Saint James Lancaster



Saturday, June 21,
5:00 PM

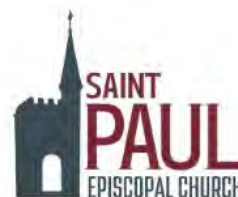
Saturday Night Mass
with Yuri Rodriguez

Let's Walk with Maria

Caminemos con Maria

Celebrating the lives and stories of Latinas within our faith communities.

This bilingual service features **The Rev. Yuri Rodriguez** and the songs and stories of nine Latina women named Maria, displaced refugees who have journeyed far from their home countries in search of safety, dignity, and belonging. Their stories, full of courage and hope, come to life in this moving service. These songs are their stories



340 Locust Street

Columbia, PA 17512

717-684-8496

Usually the third Saturday of each month. This 5PM Mass often has a musical theme with guest musicians. The church has a lovely pipe organ and Rev. Martha Harris is the Priest. Hank Morrow is Deacon



HEMPFIELD AREA FOOD PANTRY

Food Pantry Needs:

Cereal
Mac and Cheese
Canned Corn
Spaghetti
Penne
Rigatoni
Large spaghetti sauce
Large and small jars of peanut butter

The mission of the Hempfield Area Food Pantry is to show the underserved the gracious love of God by feeding the body, mind and soul of it's clients with dignity!

The pantry is open Mondays and Wednesdays from 10 am to 1 pm



| | |
|------------------|-----------|
| Back Pack Drive | June-July |
| Turkey Drive | Nov 1-23 |
| Jesse Tree | Nov/Dec. |
| ALERT Sock Drive | Nov/Dec. |

Collection of food for the Hempfield Food Pantry in the narthex is ongoing.

Community Aid News

Community Aid has expanded the payouts to partner organizations for donated items!!! Below is a list of items you can bring to Community Aid, mentioning they are for St. Edward's Episcopal Church (*Our Partner Number is 40036*). We will receive credit for quarterly payouts that assist our Faith-in-Action ministry. Community Aid has always accepted these items, but in the past, they did not give credit to partner organizations for electronics, toys, and household goods.

| | |
|-------------|-----------------|
| Clothing | Electronics |
| Shoes | Toys |
| Accessories | Household goods |

Rahim Family Collection



Monthly needs are:
Paper towels, tissues, toilet paper, shampoo, toothpaste, body wash, hand soap, laundry detergent, laundry softener, dish soap, dishwasher tablets, kitchen garbage bags, hand sanitizer.

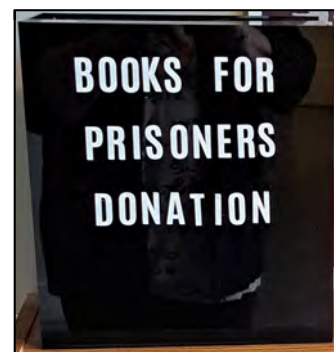
A sign-up list is in the narthex

Books For Prisoners - An Ongoing Ministry

By Joyce Kamm

Thanks to the donations we have received in just a few weeks, I was able to ship thirty three books to the Lancaster County Prison. The chaplain had requested twenty each of the My Back Story: True Stories of Freedom and Life...a set of three volumes. We shipped eleven of each.

There is now a collection box on the bookshelf in the Narthex. Please contribute cash or checks with Books for Prisoners notated in the memo line.



Look For Donation Box In The Narthex

Thank You!

The books just arrived. Thank you so much!!! I can't wait to get them out into the hands of the inmates. The My Back Story series are one of the most loved books here!

Thank you and your congregation for blessing us in this way. An inmate recently said, "I am swiss cheese in spiritual affairs but slowly filling in the holes." These books are helping people to fill in the holes! Thank you!

Jewel, Chaplain's Office
Lancaster County Prison



Blood Drive

By Meredith Aul

Our annual blood drive, held on May 21 did better than last year with the help and support of our neighbors at the Church of Jesus Christ of the Latter-Day Saints across the street. Thirty-two donors offered a precious pint of blood to help those in need. Of those, 23 were deemed eligible to donate to help replenish the supply at Penn Medicine Lancaster General Health.

Mike Wagner, our contact at the Church of Jesus Christ of the Latter-Day Saints, was a wonderful help and support. He did a great job promoting the drive with notices on the Facebook page, the web page, and handed out flyers at services at all the area church branches. He stayed with me during the drive to greet blood donors. Emily Afutiti from the Lititz Ward also spent several hours at the drive and brought a contingency of family and ex-

tended family members who donated blood.

I'd like to extend my appreciation to everyone at St. Edward's who took the time to volunteer to donate. I also thank Michelle Bentley for handling publicity for the drive for St. Edward's, and to Joyce Kamm who kept me company for a couple of hours during the drive. She stayed on after the nurses and equipment left to help me put the tables and chairs back in place in the Parish Hall.

Collaborating with "the church across the street" was a wonderful initiative. It not only brought out more people to donate, but Mike Wagner and I both felt it was an opportunity to practice "inter-faith in action." We hope it's the first of many collaborative activities and have already talked about working together on next year's blood drive.

A Spiritual Practice— The Examen

The Examen is a type of prayer or reflection, often done daily, that encourages individuals to review their day and discern God's presence and action within it. It's a form of prayer rooted in Jesuit spirituality and was developed by [St. Ignatius of Loyola](#).

Benefits:

- Increased awareness of God's presence in daily life
- Improved self-knowledge and discernment
- Greater appreciation for God's gifts and blessings
- A deeper connection with God through prayer.

An Outline of the Examen

Transition: A period of silence to calm the mind and open oneself to God. I become aware of the love with which God looks upon me as I begin this examen.

Step One: Gratitude. I note the gifts that God's love has given me this day, and I give thanks to God for them.

Step Two: Petition. I ask God for an insight and a strength that will make this examen a work of grace, fruitful beyond my human capacity alone.

Step Three: Review. With my God, I review the day. I look for the stirrings in my heart and the thoughts that God has given me this day. I look also for those that have not been of God. I review my choices in response to both, and throughout the day in general.

Step Four: Forgiveness. I ask for the healing touch of the forgiving God who, with love and respect for me, removes my heart's burdens.

Step Five: Renewal. I look to the following day and, with God, plan concretely how to live it in accord with God's loving desire for my life.

Transition: Aware of God's presence with me, I prayerfully conclude the examen.

Taken from: Timothy M. Gallagher, *The Examen Prayer* (New York: Crossroad, 2006)

Pictures by Bruce Lynch, Meredith Aul and Joyce Kamm



Brandon Adams, Shelly Adams in the chair, Isaac Afutiti, Emily Afutiti. (Latter-Day Saints)



Beth Lynch



Susan Murray



Richard and Gail Irons and Art Hagan



It Feels Good to
be a Hero

Services

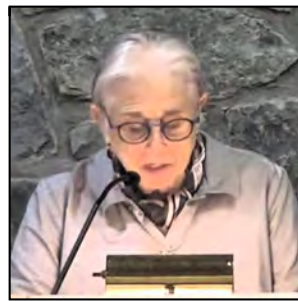
Pictures by Mary Snyder and from the Live Feed



The Reverend Gina Bautista



Second Sunday of Easter



Kathleen Spencer



Beth Hake



The Peace



Kiki Davis-Brugmann



Cindy Distefano



Seth Hake



Peter Weber



Linda Jones



Karen Waddill and the choir



The Gospel



Father Rick and Art Hagan



The Sermon



Bob Mosebach



ST. EDWARD'S
EPISCOPAL
CHURCH

2453 Harrisburg Pike

Lancaster, PA 17601

Phone 717-898-6276

Email: stedsoffice@comcast.net

www.sainteds.org

LOOK FOR US ON THE WEB!
www.sainteds.org



Staff

The Rev. Dr. Rick Bauer,
Rector

Michelle Bentley, Parish
Administrative Assistant

Karen E. Waddill,
Director of Worship Music

Parish Office Hours

Tuesday-Friday:
11AM – 4:00PM

Vestry (year term ends)

✦ Mike Freshwater(2027)
Vestry Clerk

✦ Mary Gibson(2028)

✦ Ethel Lawrence (2027)

✦ Blair Lord (2026)
Vestry Clerk

✦ Jay Miller (2026)
Senior Warden

✦ Bob Mosebach (2026)

✦ Donna Ray(2028)

✦ Dan Sanders(2028)

✦ Kathy Spencer (2027)

Worship Services

Sunday Services

8:00 a.m. Holy Eucharist Rite I (said)

10:00 a.m. Holy Eucharist Rite II

Wednesday

12 Noon: Contemplative Eucharist,
Meditation, and Healing Prayer

[HTTPS://SAINTEDS.ORG/](https://sainteds.org/)

